


CITY OF SACRAMENTO  
 Volunteer  
Program

 **DOVIA**  
SACRAMENTO  
DIRECTORS OF VOLUNTEERS IN AGENCIES



# YOUTH VOLUNTEER DIRECTORY

A comprehensive directory of nonprofit organizations and government agencies that welcome youth as volunteers

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Cassandra Ng, Intern

Gabriel Ionica, Intern

Georgia Waid, DOVIA Sacramento, Editor

Mary Lynn Perry, City of Sacramento, Program Specialist

Mikaela Guevarra, Graphic Designer

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The information contained in the Youth Volunteer Directory has been provided by the individual agencies and is the most up-to-date available as of the date of publication.

To download a copy of this document or *Get Involved! A How-to Volunteer Guide for Parents, Teachers & Youth* written by Mary Lynn Perry in PDF format, visit:  
[www.doviasacramento.org](http://www.doviasacramento.org) or [www.sacvolunteers.org](http://www.sacvolunteers.org).



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# USING THE DIRECTORY

**STEP 1:** There are many different ways to help others in our community. You can visit senior citizens living in nursing homes, act as a camp counselor, clean up local rivers, sort food at a food bank, socialize animals at a local shelter or work with children... the list of ways to help is endless. Scan the listings in the directory to get some ideas about where your passion lies.

**STEP 2:** Look at the categorical listings of nonprofit organizations and government agencies. Is there an area of interest that appeals to you? Once you've found an interest category you like, look through the alphabetical nonprofit organization and government agency listings to identify a few that match your specific wants, needs and schedule. What do you want to do when you're volunteering? When can you work?

**STEP 3:** Call or e-mail the organization where you think you may want to volunteer. Ask to speak to the contact person listed in this Directory or ask for the person in charge of volunteers. Introduce yourself and explain why you are calling. Volunteer Coordinators are often busy, so you may have to leave a message. If they do not call back in a couple of days, call again. If you have to leave a message in their voicemail, speak slowly and clearly. Here is an example of what you might say:

*"Hi, my name is (your name) and I am a student at (name of your school). My phone number is (your phone number). I read about your organization in the Youth Volunteer Directory and I am interested in finding out about volunteer opportunities with your agency. I would appreciate it if you would call me back. Again I can be reached at (your phone number) at (a good time for you). Thank you."*

**STEP 4:** When you speak to the volunteer coordinator, ask questions, then tell a little about yourself and the reason why you are calling. Ask questions so you can be sure this organization is a good match for you:

- What does your organization do and who do you serve?
- What type of work will I be doing as a volunteer?
- Do you provide training? Who will be my supervisor?
- Where are you located? (Is it convenient for you?)
- When do you need help? (Does it fit your schedule?)
- Are there any restrictions on what I can do based on my age?
- Do I need to commit for a certain length of time?

If you decide to volunteer for an organization, you may need to complete an application (paper or online) or attend an orientation before you can begin.

If you have questions about this Directory or need a little more personal assistance finding your perfect volunteer opportunity, contact the City of Sacramento Volunteer Program at (916) 808 - 8317 or email [mperry@cityofsacramento.org](mailto:mperry@cityofsacramento.org).



# HELPFUL HINTS FOR VOLUNTEERING

## Be realistic and clear about the amount of time you can commit

It is easier to start small and increase your commitment rather than backing out because you are too busy to fit everyone into your schedule. Once you commit, people are counting on you.

## Visit the organization before committing

Get a sense of the staff and clients and a feel for the overall environment you will be working in. You may want to visit two or three nonprofit organizations before choosing your favorite.

## Find out about the agency's purpose and your role as a volunteer

Sometimes your volunteer task may seem like an insignificant contribution, but it can make all the difference to the people or the program you are supporting. Ask questions.

## Ask for a job description of your volunteer work

Volunteer job descriptions help you decide if the work is an appropriate fit and it provides a set of standards or expectations when you do volunteer.

## Ask about training and supervision

If an organization is asking you to perform a task, will they provide the support necessary for you to be successful?

## Volunteering is an opportunity for personal growth

Do not be reluctant to request an evaluation of the work you perform and a letter of recommendation. Schools and employers alike value volunteerism, now more than ever.

## Enthusiasm is key

The more excited you are about the program, the more enjoyable it will be to contribute the time necessary. A positive attitude benefits everyone.

## Go for it!

You get out of your volunteer work what you put in. Volunteering requires no special degree or prior experience, simply a willingness to help.

## Ask yourself these questions:

- Do I work better with others or alone?
- To what special causes am I drawn?
- Am I looking to challenge myself?
- Do I want to try the type of work I might want to do as a career in the future?
- Do I want to try something new?
- Am I comfortable asking people for support, money, or assistance?
- Do I want to do something related to my interests and hobbies?
- What are ten volunteer activities I would enjoy?
- Am I able to join a short-term or ongoing opportunity?



# VOLUNTEER RIGHTS AND RESPONSIBILITIES

## It is Your Right:

- To be assigned a job that is worthwhile and challenging.
- To receive orientation, training, and supervision necessary to do the job.
- To feel that your efforts have real purpose and contribute to the organization's mission.
- To receive feedback and evaluation on the work that you perform.
- To be trusted with any confidential information needed to carry out your assignment.
- To be treated with respect and as an equal partner with the organization.
- To be kept informed on relevant matters within the organization for whom you are working.
- That your time will not be wasted by poor planning or lack of coordination.

## It is Your Responsibility:

- Not to take on more responsibility than you can handle.
- To perform the tasks assigned to you to the best of your ability.
- To meet time commitments or to provide notice so alternative arrangements can be made.
- To offer input on ways your tasks might be better performed.
- To follow organizational policies and procedures.
- To respect those confidences entrusted to you.
- To be open minded and respectful toward opinions shared with you.
- To notify the organization in advance of absences or schedule changes that may affect them.



# CATEGORICAL LISTING OF AGENCIES

## Animal Care

Folsom City Zoo Sanctuary  
Front Street Animal Shelter  
Placer SPCA  
Sacramento Zoo  
Wildlife Care Association

## Arts and Culture

California Museum  
California State Capitol Museum  
California State Railroad Museum  
Fairytale Town  
Sacramento Children's Museum  
Sacramento History Alliance

## Creating Strong Communities

2-1-1 Sacramento  
American Red Cross Gold Country  
Folsom Cordova Community Partnership  
Habitat for Humanity of Greater Sacramento  
Mothers Against Drunk Driving (MADD)  
Powerhouse Ministries  
Sacramento Community Emergency  
Response Team (CERT)  
Sacramento Ronald McDonald House  
Sacramento Public Library  
Sacramento Public Library Foundation  
Safetyville USA  
The Regional Center for Volunteerism  
– HandsOn Sacramento

## Creating Strong Communities (continued)

United Way California Capital Region  
Visit Sacramento  
Wake-up Foundation  
Women Escaping a Violent Environment  
(WEAVE, Inc.)

## Feeding the Hungry

Davis Community Meals  
Elk Grove Food Bank Services  
Food Literacy Center  
River City Food Bank  
Sacramento Food Bank & Family Services  
Soil Born Farms  
St. Philomene Church  
Wellspring Women's Center  
Yolo Food Bank

## Government Opportunities

City of Davis  
City of Roseville Utility Exploration Center  
City of Sacramento  
City of West Sacramento  
Volunteer Income Tax Assistance (VITA)

## Helping Those with Disabilities

Access Leisure and Paralympic Sport  
Braille and Talking Book Library  
California Council of the Blind  
Developmental Disabilities  
Service Organization (DDSO)  
Lend a Heart Animal-Assisted Therapy  
Project R.I.D.E. Inc.  
Ride To Walk  
Society for the Blind  
Special Olympics Northern California  
Very Inspirational People (VIP)



# CATEGORICAL LISTING OF AGENCIES (CONTINUED)

## Healthcare

BloodSource  
Firefighters Burn Institute  
Kaiser Permanente South Sacramento  
Keaton's Child Cancer Alliance  
Mercy General Hospital  
Pancreatic Cancer Action Network  
Shriners Hospitals for Children Northern California

## Protecting the Environment

American River Parkway Foundation  
Breathe CA of Sacramento  
City of Sacramento - Water Conservation  
Cosumnes River Preserve  
Effie Yeaw Nature Center  
Keep California Beautiful  
Sacramento Area Community Garden Coalition  
Sacramento Tree Foundation  
Sacramento Valley Conservancy  
Tree Davis

## Parks and Recreation

Arcade Creek Recreation and Park District  
City of Sacramento Parks Operations  
City of Sacramento –  
Angelique Ashby's Youth Action Corps  
Fulton-El Camino Recreation and Park District  
Mission Oaks Parks and Recreation District  
Orangevale Parks and Recreation District

## Science and Technology

Explorit Science Center  
Powerhouse Science Center

## Serving Seniors

ACC Senior Services Center  
Alzheimer's Association - Greater Sacramento  
Eskaton  
Ethel Hart Senior Center  
Oakridge Healthcare  
Triple-R Adult Day Program  
Volunteer Services of Bruceville Terrace

## Supporting the Homeless

My Sister's House  
Next Move  
Project Birthday  
Wind Youth Services  
Women's Empowerment

## Youth and Mentoring

4-H Youth Development Program  
Bridge Network  
California Coalition for Youth  
Chicks in Crisis, Inc.  
Girl Scouts Heart of California  
KidsFirst  
Reading Partners  
Sacramento START  
Sierra Nevada Journeys  
The GreenHouse



## ANIMAL CARE

### Folsom City Zoo Sanctuary

**Description:** Animal sanctuary for native North American wildlife, exotic, and domestic animals.

**Volunteer Opportunities:** Grounds-keeping

**Min Age:** 16

**Contact:** Guy Easterling

**Email:** geasterling@folsom.ca.us

**Phone:** (916) 461-6613

**Address:** 403 Stafford Street, Folsom, CA 95630

**Website:** folsom.ca.us/city\_hall/depts/parks/zoo\_sanctuary/default.asp

**Social Media:** (Facebook) facebook.com/FolsomCityZooSanctuary

**Prerequisite:** Previous animal care experience is desired.

### Front Street Animal Shelter

**Description:** Operates the City of Sacramento's animal shelter, providing shelter and care to abandoned dogs, cats, rabbits, etc., with the goal of finding them a safe and nurturing home.

**Volunteer Opportunities:** Assist with shelter chores, special events, handling and exercising dogs and cats, office work, adoption clinics and education.

**Min Age:** 12 with adult supervision

**Contact:** Janice Wagaman,  
Volunteer Coordinator

**Email:** jwagaman@cityofsacramento.org

**Phone:** (916) 808-8166

**Address:** 2127  
Front Street,  
Sacramento,  
CA 95818



**Website:** frontstreetshelter.org

**Prerequisites:** Application and orientation. Sign up online.

### Placer SPCA

**Description:** Dedicated to improving the lives of animals and people through our programs and services (adoption, reunification, education).

**Volunteer Opportunities:** Varied, see website

**Min Age:** 13 with parent or guardian, 18+

**Contact:** Volunteer Program Manager

**Email:** volunteer@placerspca.org

**Phone:** (916) 782-7722 ext. 104

**Address:** 150 Corporation Yard Road,  
Roseville, CA 95678

**Website:** placerspca.org

**Prerequisites:** Must attend training classes and commit to volunteering at least 4 hours/month for a minimum of 6 months.

### Sacramento Zoo

**Description:** Inspires appreciation, understanding and respect for all living things through stimulating education, wholesome recreation and innovative species management.

**Volunteer Opportunities:**

Summer Camp Counselor: Assists instructors with weeklong camp classes for children. Duties include crafts, games, enrichment activities, scavenger hunts, face painting, overnight camp programs, and more.

Zoo Teens: Zoo Teens are a group of 13 – 19 year olds interested in animals, the Earth, and our community who volunteer their time on weekends at The Sacramento Zoo. Zoo Teens will develop their own ideals, views, and passions to help encourage zoo patrons to become better stewards of the Earth. Zoo Teens focus on educating the public about conservation, wildlife, and current events that affect the environment.

**Min Age:** 15

**Contact:** Katelyn Ferrie,  
Volunteer Coordinator

**Email:** [kferrie@saczoo.org](mailto:kferrie@saczoo.org)

**Phone:** (916) 808-1948

**Address:** 3930 Land Park Drive,  
Sacramento, CA 95822

**Website:** [saczoo.org](http://saczoo.org)

**Prerequisites:** Summer Camp  
Counselor applications available  
February through April. Zoo Teen  
applications available mid-April through June.



## Wildlife Care Association

**Description:** Dedicated to the rescue,  
rehabilitation, and release of local wildlife.

**Volunteer Opportunities:** Wildlife Care  
Association is a non-profit wildlife rehabilitation  
organization based in McClellan, CA. Concerned  
citizens and local agencies bring us nearly  
6000 sick, injured, or orphaned wild animals  
each year. With the help of volunteers, interns,  
staff, and local veterinarians, WCA provides  
medical services to these animals with the goal  
of releasing as many healthy animals as we can  
back into the wild.

**Min Age:** 16 to work at facility,  
18 to work with animals

**Contact:** Kate Vanderslice

**Email:** [volunteer@wildlifecareassociation.com](mailto:volunteer@wildlifecareassociation.com)

**Phone:** (916) 965-9453

**Address:** 5211 Patrol Road, McClellan, CA 95652

**Website:** [wildlifecareassociation.org](http://wildlifecareassociation.org)

**Social Media:** (Facebook) [facebook.com/pages/  
Wildlife-Care-Association](https://facebook.com/pages/Wildlife-Care-Association),  
(Twitter) @SacramentoWCA

**Prerequisite:** None.

## ARTS AND CULTURE

### California Museum

**Description:** The California Museum  
engages, educates and enlightens  
people about California's rich history  
and unique contributions to the  
world through ideas, innovation, the  
arts and culture.

**Volunteer Opportunities:** Volunteers serve  
as Gallery Guides, Classroom Presenters and  
Events Volunteers.

**Min Age:** 18

**Contact:** Alicia McNeill, Volunteer Coordinator

**Email:** [mcneill@californiamuseum.org](mailto:mcneill@californiamuseum.org)

**Phone:** (916) 653-8099

**Address:** 1020 O Street, Sacramento, CA 95814

**Website:** [californiamuseum.org](http://californiamuseum.org)

**Prerequisite:** Application.

### California State Capitol Museum

**Description:** Living museum of historical items,  
exhibits and tours offering information on  
California's political past.

**Volunteer Opportunities:** Guide visitors around  
the California State Capitol building providing  
interpretation on the historic rooms, legislative  
galleries, etc., operate the General Information  
Desk and participate in  
special events.

**Min Age:** 18, parent  
consent if under 18

**Contact:** Rachel  
Martinez

**Phone:**  
(916) 324-0319 or  
(916) 324-0333

**Address:** 10th and L  
Streets, State Capitol,



Room B-27, 1315 10th Street,  
Sacramento, CA 95814

**Website:** [capitolmuseum.ca.gov](http://capitolmuseum.ca.gov)

**Prerequisites:** Must complete training for long-term positions. Online Application.

## California State Railroad Museum (CSRM)

**Description:** We preserve and interpret artifacts and the culture of Western railroads and railroading through iconic collections, immersive exhibits, and engaging interpretation and programs.

**Volunteer Opportunities:**

Museum Docent

**Min Age:** 16, with legal guardian/parent participation and supervision

**Contact:** Becky Corbet,  
CSRM Volunteer Coordinator

**Phone:** (916) 445-0269

**Address:** 1111 I Street,  
Sacramento, CA. 95814

**Website:** [californiarailroad.museum](http://californiarailroad.museum)

**Social Media:** (Facebook) [facebook.com/CaliforniaStateRailroadMuseumFoundation](https://facebook.com/CaliforniaStateRailroadMuseumFoundation), (Twitter) [@csr\\_m\\_foundation](https://twitter.com/csr_m_foundation), (Instagram) [@csr\\_m\\_foundation](https://www.instagram.com/csr_m_foundation), (Other) [parks.ca.gov/?page\\_id=668](https://parks.ca.gov/?page_id=668)

**Prerequisites:** At this time, must have legal guardian/parent available to complete entire process to become a museum docent and volunteer with you; volunteer applications and interviews; on-boarding in the spring and fall.

## Fairytale Town

**Description:** Fairytale Town is a nonprofit 2.5 acre outdoor children's literacy museum, whose mission is to promote the imagination, education, and creativity of children.

**Volunteer Opportunities:** Fairytale Town is

looking for mature, dedicated, hard-working volunteers that would like to give back to their community. Potential volunteers should have a clear goal in mind, and strive to achieve that goal whenever they give service. We strive to develop strong relationships with our volunteers, to keep them coming back year after year to renew their commitment to the community and Fairytale Town.

**Minimum Age:** 13

**Contact:** Sarah Thomas,  
Education & Program Manager

**Email:** [volunteers@fairytaletown.org](mailto:volunteers@fairytaletown.org)

**Phone:** (916) 808 - 8884

**Address:** 3901 Land Park Drive,  
Sacramento, CA 95822

**Website:** [fairytaletown.org](http://fairytaletown.org)

**Prerequisite:** Volunteer Orientation is not required for special events, mandatory for all other volunteer opportunities.



## Sacramento Children's Museum

**Description:** The Sacramento Children's Museum is designed to allow children from birth to eight years old to learn through hands-on exploration!

**Volunteer Opportunities:** There are a wide range of volunteer opportunities including: exhibit/program assistance, special events, material prep, Art Studio monitor, book drive coordination, and corporate group volunteering.

**Min Age:** 14 (or high school freshman).

Volunteers under the age of 17 must have a waiver signed by parent/guardian.

**Contact Person:** Molly Mix, Program Manager

**Email:** [volunteer@sackids.org](mailto:volunteer@sackids.org)

**Phone:** (916) 638-7225 ext. 103

**Address:** 2701 Prospect Park Drive, Suite 120  
Rancho Cordova, CA 95670

**Website:** sackids.org

**Social Media:** (Facebook) facebook.com/sacramentochildrensmuseum,  
(Twitter) @sackidsmuseum

**Prerequisites:** Submit an application and attend a volunteer orientation.

**Social Media:** (Facebook) facebook.com/SacramentoHistoryMuseum

**Prerequisites:** Interested applicants must submit a youth application for each event, and an interview for the Junior Camp Counselors

## Sacramento History Alliance

**Description:** The Sacramento History Alliance (SHA) is a nonprofit, 501(c)3 organization dedicated to making Sacramento's history accessible to all. In partnership with the City and County of Sacramento, SHA operates the Sacramento History Museum and creates interpretive programs in Old Sacramento. We encourage people to explore our shared history through exhibitions, education and programs, while supporting collections, preservation and partnerships.

**Volunteer Opportunities:** SHA offers Junior Counselor positions during the month of July for their annual History Camp in Old Sacramento. Mandatory training sessions occur the first week of July. Junior Counselors work heavily with children aged 6-12. History camp features field trips to historic sites and museums, outdoor activities, and crafts. Camp runs 9am-4pm during the weekdays. Also, student volunteers are welcome to volunteer for Sacramento Museum day, which is the first Saturday in February each year, as well as Gold Rush Days in Old Sacramento.

**Min Age:** 14

**Contact Person:** Zoey Jennings

**Email:** zjennings@cityofsacramento.org

**Phone:** (916) 808-6896

**Address:** 101 I Street, Sacramento, CA 95814

**Website:** sachistorymuseum.org

## CREATING A STRONG COMMUNITY

### 2-1-1 Sacramento

**Description:** 2-1-1 Sacramento is a free social, health and disaster services information hub available 24 hours a day, 7 days a week.

**Volunteer Opportunities:** Volunteer in a resource and data management environment, helping to ensure Sacramento families and individuals in need have access to vital community service resources

**Min Age:** 16

**Contact Person:** Gabriel Kendall ,  
Director of Community Relations  
and Program Development

**Email:** gkendall@211sacramento.org

**Phone:** (916) 447- 7063. Ext 106

**Address:** 8001 Folsom Boulevard,  
Sacramento, CA 95826

**Website:** 211sacramento.org

**Prerequisite:** Volunteer Application.



### American Red Cross - Gold Country Region

**Description:** The Red Cross is a humanitarian organization led by volunteers who provide relief to victims of disaster, work with servicemembers, provide biomedical services, teach health and safety courses, and help people prevent, prepare for, and respond to emergencies. The Gold Country Region includes 24 counties stretching

from Modoc and Siskiyou in the north, to Stanislaus and Tuolumne in the south.

**Volunteer Opportunities:** Red Cross High School and College Clubs, Sound the Alarm (16+), Preparedness Educators, blood drive canteen workers, Veteran's History Project, and various other opportunities.

**Min Age:** 14

**Contact:** Sherilyn Bethoney,  
Youth Services Coordinator

**Email:** Sherilyn.Bethoney@RedCross.org

**Phone:** (916) 993-7083

**Address:** 1565 Exposition Boulevard,  
Sacramento, CA 95815

**Website:** redcross.org/goldcountry

**Social Media:** (Facebook) facebook.com/  
ARCGoldCountry, (Twitter) @ARCGoldCountry,  
(Blog) capitalcrosswords.com,  
(LinkedIn) linkedin.com/company/arccgoldcountry

**Prerequisites:** Online application, parental  
consent forms.

## Folsom Cordova Community Partnership

**Description:** Mobilizes and integrates resources  
that enhance the education, health and well-  
being of the children and families  
of our communities.

**Volunteer Opportunities:** Area 41- youth  
activities, safety net services,  
office work (preferably  
have some  
computer skills).

**Min Age:** 17

**Contact:** Chris Clark

**Email:**

cclark@thefccp.org

**Phone:** (916) 361-8684  
ext. 281

**Address:** 10665 Coloma

Road, Rancho  
Cordova, CA 95670

**Website:** thefccp.org

**Prerequisites:**

Application and  
volunteer orientation.



## Habitat for Humanity of Greater Sacramento

**Description:** Habitat for Humanity of Greater  
Sacramento builds and repairs homes in  
Sacramento and Yolo County for low-income  
families through collaboration with volunteers,  
sponsors, and other area service organizations.  
At Habitat, we believe that everyone deserves a  
safe place to call home. Every year, Habitat for  
Humanity of Greater Sacramento utilizes over  
2,500 volunteers to help change lives in  
our community.

**Volunteer Opportunities:** Habitat for Humanity  
of Greater Sacramento offers volunteer  
opportunities on our construction sites helping  
build and repair Habitat homes for families in  
need, in our ReStore, which is our retail outlet  
that sells new and used building supplies and  
furniture to help generate funds to support  
Habitat's mission, and in our office helping with  
data entry and various administrative tasks.

**Min Age:** 16. Volunteers 16 and 17 on the  
construction site must have a parent or legal  
guardian present with them at all times.  
Volunteers 16 or 17 in the ReStore only require a  
permission slip to volunteer.

**Contact Person:** Volunteer Services Coordinator

**Email:** volunteers@habitatgreatersac.org

**Phone:** (916) 440-1215 ext. 1112

**Address:** 819 North 10th Street,  
Sacramento, CA 95811

**Website:** habitatgreatersac.org

**Social Media:** (Facebook) facebook.com/



habitatgreatersac, (Twitter) @SacHabitat  
**Prerequisite:** All volunteers must attend the one-hour "HabiTour" orientation prior to volunteering. HabiTour dates are available on the HabitatGreaterSac.org website.

## Mothers Against Drunk Driving (MADD)

**Description:** Mission is to stop drunk driving, support the victims of this violent crime and prevent underage drinking.

**Volunteer Opportunities:** Planning and organizing for special events, fundraising, administrative support, outreach/communications, work with local law enforcement, health fairs, and victim advocates.

**Min Age:** 13 (exceptions can be made)

**Contact:** Lynne Brown, Youth Program Specialist

**Email:** lynne.brown@madd.org

**Phone:** (916) 481-6233 ext. 6633

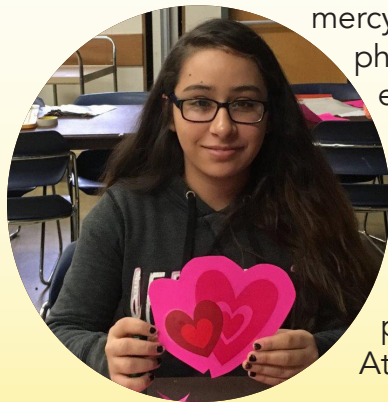
**Address:** 2233 Watt Avenue, Suite 230, Sacramento, CA 95825

**Website:** madd.org/sacramento

**Prerequisite:** None.

## Powerhouse Ministries

**Description:** A Christian community that serves families and individuals in crisis with love and mercy to meet their physical, emotional, educational, social and spiritual needs. We offer Crisis Care, Community Groups, Residential Transformation and programs for At Risk Students.



## Volunteer Opportunities:

Office team, community care team, special events, musicians, facility maintenance and meal donations.

**Min Age:** 16

(younger with adult)

**Contact:** Amy Malekos, Volunteer Coordinator

**Email:** amy@phmfolsom.org

**Phone:** (916) 983-0658

**Address:** 311 Market Street, Folsom, CA 95630

**Website:** phmfolsom.org

**Prerequisite:** Please contact Amy.



## Sacramento Community Emergency Response Team (CERT)

**Description:** Sacramento CERT trains civilians in disaster response and assists the City of Sacramento during disaster situations.

**Volunteer Opportunities:** Sacramento CERT conducts training drills several times each year. Volunteers are needed as "victims". Each victim is given a set of symptoms to act out and CERT trainees are sent in to triage the patients.

**Min Age:** Under 18 welcome to participate if accompanied by a parent or guardian.

**Contact Person:** Robert Ross, Operations Manager

**Email:** robr@sfdcerc.org

**Phone:** (916) 426-2697

**Address:** 4292 Castleton Circle, Mather, CA 95655

**Website:** sfdcerc.org

**Social Media:** (Facebook) facebook.com/SFDCERT/

**Prerequisites:** Apply online and attend training.

## Sacramento Ronald McDonald House

**Description:** The Sacramento Ronald McDonald House Charities provides temporary housing for families who have a child with a serious illness or injury and live at least 30 miles away from the hospital where their child is receiving treatment.

### Volunteer Opportunities:

Short term Volunteer Opportunities include:

One-time House Program/

Group Opportunities

- Odd Job Work Party

Help us with some inside maintenance duties or setting up for special events.

- Outdoor Work Party

Join us for some fun and light landscaping around the House.

- Family Dinner

Purchase, cook and serve a dinner for the families benefitting from our services.

Long Term Volunteer Opportunities include: (Six month commitment and interview required)

- House Assistant

Help us check families in and out, store donations, and stock food pantries.

- Front Desk Receptionist

Greet our guests and perform clerical duties.

- Cookie Brigade

Bake delicious cookies in-house for our families to enjoy at their leisure.

- Teen Council

Teen Council is an opportunity to turn your goodwill and admirable intentions into direct support of the Sacramento Ronald McDonald House while simultaneously gaining leadership development opportunities with community leaders and other students.

Please note, each volunteer opportunity requires a signed Volunteer Waiver and Emergency

Contact Form that can be found on our website, [rmhcnc.org](http://rmhcnc.org)

**Min Age:** 14. We never want to turn away a helping hand, so minors under the age of 14 years old are welcome to collect tabs for our Pop Tab program ([rmhcnc.org/get-involved/pop-tab-program/](http://rmhcnc.org/get-involved/pop-tab-program/)) or donate items from our wish list ([rmhcnc.org/get-involved/wish-list/](http://rmhcnc.org/get-involved/wish-list/)) Minors will need parental consent prior to arrival or they will be unable to volunteer. The one-time house

program volunteer opportunities have a maximum amount of volunteers able to participate in one given event.

**Contact Person:** Vanessa

Martinez, Volunteer Coordinator

**Email:** [vmartinez@rmhcnc.org](mailto:vmartinez@rmhcnc.org)

**Phone:** (916) 734-4230

**Address:** 2555 49th Street,  
Sacramento, CA 95817

**Website:** [rmhcnc.org](http://rmhcnc.org)

**Social Media:** (Facebook) [facebook.com/RMHCNC](https://www.facebook.com/RMHCNC), (Instagram) @RMHCNC

**Prerequisites:** Attendance is required prior to volunteering. An appointment is necessary to attend. Please call (916) 734-4230 to sign up for the next Volunteer Introduction.



## Sacramento Public Library

**Description:** The Sacramento Public Library offers resources, services, and programs at all 28 branches throughout the Sacramento Metropolitan area. The Sacramento Public Library provides ideas, information, and resources to help our community discover, learn, and grow.

**Volunteer Opportunities:** Teen Advisory Board, computer help, Homework Zone Coach, program assistance, general library activities (shelving



materials, cleaning).

**Min Age:** 13

**Contact:** Katherine McMillan, Volunteer Services Coordinator

**Email:** volunteer@saclibrary.org

**Phone:** (916) 264-2746

**Address:** 828 I Street, Sacramento, CA 95814

**Website:** saclibrary.org

**Prerequisites:** Submit an Application (visit website). Teens are required to have a signed Authorization to Volunteer of legal guardian/parent on file before starting. Some adult (18 and older) volunteer positions require a Live Scan background check.

## Sacramento Public Library Foundation

**Description:** The Sacramento Public Library Foundation enhances the Library's ability to service the community and raise private funds.

**Volunteer Opportunities:** Help with the annual Walk4Literacy event which takes place the 3rd Saturday of October every year. Volunteers are needed for registration, set up, tear down, flyer distribution, book give away, parking attendants, water station, route walkers, shuttle bus assistants and social media tech.

**Min Age:** 15

**Contact:** April Javist, Executive Director

**Email:** april@saclibraryfoundation.org

**Phone:** (916) 836-3540

**Address:** 2411 Alhambra Boulevard, Suite 120, Sacramento, CA 95817

**Website:** saclibraryfoundation.org

**Prerequisite:** None.

## Safetyville USA

**Description:** Safety Center is a nonprofit organization founded in 1934 with a mission to reduce injuries and save lives. Safety Center's children's program, Safetyville USA, is a miniature city that sits on 3 ½ acres. Children in grades pre-school through second grade take a highly interactive tour where they learn such life-saving safety and health skills as how to cross a street safely; what to do in case of fire; how and when to dial 9-1-1; railroad crossing safety; bicycle safety; the importance of exercise; healthy food choices; and dental hygiene.

**Volunteer Opportunities:** Leading safety and health tours, assistance with special events, and administrative work.

**Minimum Age:** 16

**Contact:** Pamela Gates

**Email:** pamela@safetycenter.org

**Phone:** (916) 438-3357

**Address:** 3909 Bradshaw Road, Sacramento, CA 95827

**Website:** safetycenter.org

**Prerequisite:** Application.

## The Regional Center for Volunteerism – HandsOn Sacramento

**Description:** We are the regional center for volunteerism and serve the entire Sacramento region (Sacramento, Yolo, Placer, El Dorado and Nevada Counties) with more than 9,000+ registered volunteers and 450+ non-profits. As a leading volunteer



agency in the Sacramento region and proud member of the Hands On Network, our commitment to innovative social change is demonstrated through our many roles in the community.

**Volunteer Opportunities:** We provide resources and referrals to individuals and groups looking for volunteer opportunities within the community and the five county region.

**Min Age:** None

**Contact:** Mika Guevarra,  
Program Coordinator

**Email:**

mguevarra@communitylinkcr.org

**Phone:** (916) 447-7963 ext. 105

**Address:** 8001 Folsom Boulevard,  
Suite 100, Sacramento, CA 95826

**Website:** handsonsacto.org

**Social Media:** (Facebook) facebook.com/  
HandsOnSacto, (Twitter) @handsonsacto,  
(Instagram) @handsonsacto

**Prerequisite:** Apply online.

## United Way California Capital Region

**Description:** Building stronger, healthier, and more compassionate communities in our region by partnering with local employers and nonprofits to improve people's lives.

**Volunteer Opportunities:** We provide resources and referrals to groups looking for opportunities within the community and the five county regions. We also offer several large-scale individual volunteer opportunities several times throughout the year.

**Min Age:** 14

**Contact:** Volunteer Coordinator

**Email:** volunteer@uwccr.org

**Phone:** (916) 856-3983

**Address:** 10389 Old Placerville Road,

Sacramento, CA 95827

**Website:** yourlocalunitedway.org

**Social Media:**

(Facebook) facebook.com/UWCCR/,

(Twitter) @unitedwayccr,

(Instagram) @unitedwayccr211

**Prerequisite:** None.



## Visit Sacramento

**Description:** Visit Sacramento is the parent brand for a family of six brands, including, Sac Event Crew, (voted Sacramento's Best Place to Volunteer), America's Farm-to-Fork Capital, Sacramento Sports Commission, Sacramento365, and Sacramento Film Commission. More info: [visitsacramento.com/aboutus](http://visitsacramento.com/aboutus).

**Volunteer Opportunities:** Visit Sacramento offers a variety of volunteer opportunities for youth, such as assisting with Sporting Events, including, the Amgen Tour Bike Race and Track & Field events at Sac State, to all Farm-to-Fork celebrations, including the F2F Festival and Gala Dinner on the Tower Bridge. Duties may include: Course Marshaling for the Amgen Bike Race, assist with various track & field competition events, and work with our recycling program coordinators during the Farm-to-Fork events

**Min Age:** 14-15 years of age  
(with adult chaperone)

**Contact Person:** Danielle Ferroni,  
Volunteer Coordinator

**Email:** [dferroni@visitsacramento.com](mailto:dferroni@visitsacramento.com)

**Phone:** (916) 808-7781 or (916) 849-4995

**Address:** 1608 I Street, Sacramento, CA 95814

**Website:** [saceventcrew.com](http://saceventcrew.com)

**Prerequisite:** Friendly, enthusiastic and fun people welcome!

## Wake-Up Foundation

**Description:** Wake-Up Foundation is a non-profit agency focusing on personal and lifestyle developments. We help individuals develop a successful lifestyle and reach their full potential. We provide educational workshops, support groups, online courses, coaching, and mentoring on topics such as self-esteem building, empowerment, health and wellness, stress management, career and goal development.

**Volunteer Opportunities:** Office work in preparing workshops/classes, creating content, social media assistance, and related tasks, outreach & attend community events.

**Min Age:** 14

**Contact Person:** Mykim Tran, Executive Director

**Email:** info@wake-upfoundation.org

**Phone:** (916) 243-7076

**Address:** 2251 Florin Road, Suite 150, Sacramento CA 95822

**Website:** wake-upfoundation.org

**Social Media:** (Facebook) facebook.com/Wake-Up-Foundation-624761714202751/, (Twitter) @awaketheperson, (Youtube) youtube.com/channel/UC5aXf7wCsCXQACTT-m\_AiMg, (Pinterest) pinterest.com/wakeupfoundation, (Instagram)

@wakeupfoundation, (Slideshare) slideshare.net/mykimtran, (Yelp) yelp.com/biz/wake-up-foundation-sacramento-2

**Prerequisite:** Under 18, must have parent signature approval.



## Women Escaping a Violent Environment (WEAVE, Inc.)

**Description:** WEAVE is the primary provider of crisis intervention and counseling services for survivors of domestic violence and sexual assault in Sacramento County.

**Volunteer Opportunities:** Admin, Fundraising events, Retail stores

**Min Age:** 16

**Contact Person:** Allison Lucero

**Email:** alucero@weaveinc.org

**Phone:** (916) 319-4914 or (916) 448-2321

**Address:** 1900 K Street, Sacramento, CA 95811

**Website:** www.weaveinc.org

**Prerequisite:** Volunteer Orientation. Dates and times on website.

## FEEDING THE HUNGRY

### Davis Community Meals

**Description:** Provides low-income and homeless individuals and families with housing, food and human services to help them rebuild their lives.

**Volunteer Opportunities:** Food preparation, cooking, serving, and clean up (any age). Other volunteer duties vary within the shelter/transitional housing program and cold weather shelter, for those over 18.

**Minimum Age:** 12

**Contact:** Harmony Scopazzi

**Email:** volunteersatdcm@sbcglobal.net

**Phone:** (530) 220 - 4089

**Address:** 1111 H Street, Davis, CA 95616

**Website:** daviscommunitymeals.org

**Prerequisite:** Application for shelters (prerequisites vary depending on location where volunteering).



## Elk Grove Food Bank Services

**Description:** Provides food security and other services to those in need through emergency food and clothing distribution, senior programs and Life Skills classes.

**Volunteer Opportunities:** Receptionist, sort food, stock shelves, pack boxes, courtesy clerk, sort and distribute clothes. Shifts: Monday-Friday 9 am to 3 pm and Saturdays 9 am to 12 noon.

**Min Age:** 18, Youth and teens 10-17 allowed as part of organized group with adult supervision.

**Contact Person:** Deborah Luck, Volunteer & Event Coordinator

**Email:** volunteer@egfbs.org

**Phone:** (916) 685-8453

**Address:** 9820 Dino Drive, Suite 140, Elk Grove, CA 95624

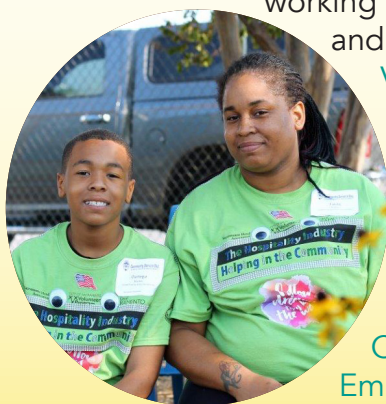
**Website:** elkgrovefoodbank.org

**Prerequisites:** Fill out the online application, return in person or by FAX (916) 714-9931.

Orientation will be scheduled on a case-by-case basis.

## Food Literacy Center

**Description:** Our mission is to inspire kids to eat their vegetables. We teach low-income elementary children cooking and nutrition to improve our health, environment, and economy.



**Volunteer Opportunities:** Volunteer opportunities include helping in food literacy class. Roles may include recipe prep (chopping, peeling), classroom management, and hands-on recipe assembly with our K-6 sweet potato students!

**Min Age:** 16

**Contact Person:** Yzabelle Dela Cruz, Volunteer and Community Partnerships Coordinator

**Email:** yzabelle@foodliteracycenter.org

**Phone:** (916) 476-4766

**Address:** 12973 Third Avenue, Sacramento, CA 95817

**Website:** foodliteracycenter.org

**Social Media:** (Facebook) facebook.com/foodliteracycenter/, (Twitter) @foodliteracycenter, (Instagram) @foodliteracycenter

**Prerequisites:** Complete a new volunteer form at foodliteracycenter.org/form/new-volunteer-form. Afterwards, schedule a phone conversation with volunteer coordinator.

## River City Food Bank

**Description:** As Sacramento's oldest, continuously-serving food bank, our mission is to alleviate hunger in Sacramento County by providing healthy emergency food and other assistance, offering referrals, and promoting self-sufficiency through a variety of programs. From seniors to children, from the homeless to the working poor, we assist all struggling individuals and families in Sacramento County.

**Volunteer Opportunities:** Assist guests through our Choice Food Distribution process. Maintain a stocked and organized food station. Help unload/load the truck. Assist with organizing and sorting bulk food items.

**Min Age:** 15

**Contact Person:** Jena Robinson

**Email:** jrobinson@rivercityfoodbank.org

**Phone:** (916) 217-1213

**Address:** (Midtown) 1800 28th Street,  
Sacramento, CA 95816,  
(Center at St. Matthew's) 2300 Edison Avenue,  
Sacramento, CA 95821

**Website:** [rivercityfoodbank.org](http://rivercityfoodbank.org)

**Social Media:** (Facebook)  
[facebook.com/RiverCityFoodBank](https://facebook.com/RiverCityFoodBank)

## Sacramento Food Bank & Family Services

**Description:** Helping families move toward self-sufficiency through free services including Food, Clothing, Parent Education, Adult Education and Youth Education.

**Volunteer Opportunities:** Youth-appropriate volunteer opportunities include: Food Program (sorting/bagging food) at our Food Bank Services campus or distributing food at offsite food distributions, Clothing Program (sorting/ hanging clothing), or Parent Education (sorting donated baby supplies).

**Min Age:** 10. Ages 10-15 must volunteer alongside a parent/guardian

**Contact Person:** Robin Simpson, Director of Volunteer Services and Community Engagement

**Email:** [volunteer@sacramentofoodbank.org](mailto:volunteer@sacramentofoodbank.org)

**Phone:** (916) 925-3240 ext. 3382

**Address:** (Family Services Campus)  
3333 Third Avenue,  
Sacramento CA 95817,  
(Food Bank Services Campus)  
1951 Bell Avenue, Sacramento CA 95838.

**Website:** [sacramentofoodbank.org](http://sacramentofoodbank.org)

**Social Media:** (Facebook) [facebook.com/sfbfs](https://facebook.com/sfbfs),

(Twitter) [@sacfoodbank](https://twitter.com/sacfoodbank)

**Prerequisite:** Must attend 1.5 hour volunteer orientation. Sign up at [sacramentofoodbank.org](http://sacramentofoodbank.org).

## Soil Born Farms

**Description:** Soil Born Farms is a center for food, health, and the environment located on the 55 acre American River Ranch in Rancho Cordova.

As a non-profit, Soil Born works throughout Sacramento to grow food, mentor youth and future farmers, teach people how to cook and garden, create urban farms, preserve wild spaces, improve access to fresh produce, grow school gardens, and at the core, it is about making a difference.

**Group opportunities:** Year-round garden team, culinary arts, fruit tree harvesting and care, school garden support.

**Min Age:** 10+. Volunteers under the age of 15 must be accompanied by an adult.

**Contact:** Nick Anicich, Neighborhood Manager

**Email:** [nanicich@soilborn.org](mailto:nanicich@soilborn.org)

**Phone:** (916) 832-5947

**Address:** 2140 Chase Drive,  
Rancho Cordova, 95670

**Website:** [soilborn.org](http://soilborn.org)

**Social Media:** (Facebook) [facebook.com/soilbornfarms](https://facebook.com/soilbornfarms), (Instagram) [@Soil\\_Born\\_Farms](https://instagram.com/Soil_Born_Farms)

**Prerequisite:** Contact Soil Born Farms to see what volunteer opportunities are available, as activities change seasonally.



## St. Philomene Church

**Description:** Sharing God's bounty by feeding the hungry.

**Volunteer Opportunities:** Set up tables and chairs, prepare dinner, and clean up.

**Minimum Age:** 14

**Contact:** Sharing God's Bounty Team

**Email:** Use online form or email  
stphilomene@stphilomene.com

**Phone:** (916) 481-6757

**Address:** 2320 El Camino Drive,  
Sacramento, CA 95821 (School gym).

**Website:** stphilomene.com or  
sharinggods bounty.com/#story

**Prerequisite:** Please dress conservatively.

## Wellspring Women's Center

**Description:** Wellspring is a daytime drop-in center that serves a healthy breakfast to women and children every weekday between 7:30 and 11:30 a.m. We offer other services as well: art and craft classes, social work services and more.

**Volunteer Opportunities:** Wellspring utilizes up to 12 volunteers each weekday. Volunteers help prepare simple meals, assist in serving the food, working in our Children's Corner, greeting the guests at the door and bagging giveaways, such as diapers and travel sized toiletries.

**Min Age:** 14

**Contact Person:** Terri Tork

**Email:** terri@wellspringwomen.org

**Phone:** (916) 454-9688 ext. 202

**Address:** 3414 4th Avenue,  
Sacramento, CA 95817

**Website:** wellspringwomen.org

**Social Media:** (Facebook) facebook.com/  
wellspringwomen, (Twitter) @WWC1987,

**Prerequisite:** None other than being friendly and comfortable working with a diverse population of women and children.

## Yolo Food Bank

**Description:** Yolo Food Bank is a nonprofit organization that operates within the boundaries of Yolo County. Our goal is to end hunger in Yolo County by providing fresh produce, and other food items to people in need throughout the community.

**Volunteer Opportunities:** 1) Dry Product Packing- Volunteers repackage rice and beans into small bags. These bags are given out to our community through various programs 2) Food Distribution- Volunteers help sort and pass out food at one of our many food distributions in Yolo County. 2) Produce Packing- Volunteers help sort and package fresh produce into orders that are taken to different food distributions in Yolo County to be passed out to clients.

**Min Age:** 12

**Contact Person:** Raymond Bautista,  
Volunteer and Food Drive Coordinator

**Email:** raymond@yolofoodbank.org

**Phone:** (530) 668-0690

**Address:** 1244 Fortna Avenue,  
Woodland, CA 95776

**Website:** yolofoodbank.org

**Social Media:**

(Facebook)  
facebook.com/  
yolofoodbank/

**Prerequisites:**

Volunteers must fill out an application and attend a quick orientation/training.



## GOVERNMENT OPPORTUNITIES

### City of Davis

**Description:** Want to do something meaningful in the Davis community? Whether you are looking to adopt a park, assist with community events, offer your professional skills, or lend your talents in other ways, you'll find there are endless opportunities to get involved in causes that matter to you right in the community of Davis.

**Volunteer Opportunities:** Adopt A Park Chip-In Events, Davis Day of Service, Connections Café at the Davis Senior Center, Urban Forestry Mulching and Nursery Volunteers.

**Min Age:** Varies, 14 without parent or guardian.

**Contact Person:** Volunteer Coordinator

**Website:** [cityofdavis.org/city-hall/police-department/volunteer-program](http://cityofdavis.org/city-hall/police-department/volunteer-program)

**Prerequisite:** Varies by program.



### City of Roseville Utility Exploration Center

**Description:** Hands-on learning center focused on utility conservation and sustainability.

**Volunteer Opportunities:** Special event volunteering including playing games, building things and assisting families in other opportunities at our events. 3 events/year, approximately 25-30 volunteers needed.

**Min Age:** 14

**Contact:** Melissa Kinsey,

Interpretive Services Specialist

**Email:** [emkinsey@roseville.ca.us](mailto:emkinsey@roseville.ca.us)

**Phone:** (916) 746-1553

**Address:** 1501 Pleasant Grove Boulevard, Roseville, CA 95747

**Website:** [roseville.ca.us/explore](http://roseville.ca.us/explore)

**Social Media:** (Facebook) [facebook.com/RosevilleExplorationCenter](https://facebook.com/RosevilleExplorationCenter), (Twitter) @Uki\_Exploration, (Instagram) @rsvl\_explore/

**Prerequisites:** Live scan/fingerprinting process and willing to work with small children and families, self-starter/motivated.

### City of Sacramento

**Description:** The City of Sacramento offers a variety of short-term and ongoing volunteer opportunities for youth and teens.

**Volunteer Opportunities:** Animal care, parks cleanups, after-school programs, special events.

**Min Age:** 12

**Contact:** Mary Lynn Perry, Volunteer Coordinator

**Email:** [mperry@cityofsacramento.org](mailto:mperry@cityofsacramento.org)

**Phone:** (916) 808-8317

**Address:** 915 I St. 1st Floor, Sacramento, CA 95814

**Website:** [sacvolunteers.org](http://sacvolunteers.org)

**Social Media:** (Facebook) [facebook.com/sacvolunteers](https://facebook.com/sacvolunteers), (Twitter) @sacvolunteers, (Instagram) @cityofsacvolunteers, (Pinterest) [pinterest.com/sacvolunteers](https://pinterest.com/sacvolunteers), (Flickr) [flickr.com/photos/sacvolunteers](https://flickr.com/photos/sacvolunteers)

**Prerequisites:** Application (Waivers required for one-time events).

### City of West Sacramento

**Description:** West Sacramento Parks & Recreation consists of three separate functions: a parks division, recreation division and our Tree Program. The Parks Department provides recreation and leisure opportunities with its park



facilities and recreation programming. These programs are designed to help local residents improve their overall health and quality of life.

#### Volunteer Opportunities:

Junior Giants youth baseball program, Junior

NBA youth basketball program, Sports Camp and Special Events.

**Min Age:** 14

**Contact Person:** Chris Froshaug

**Email:** [chrisf@cityofwestsacramento.org](mailto:chrisf@cityofwestsacramento.org)

**Phone:** (916) 617-4770

**Address:** 12801 Jefferson Boulevard, West Sacramento, CA 95691

**Website:** [westsacfun.org](http://westsacfun.org)

**Social Media:** (Facebook) [facebook.com/westsacfun](https://facebook.com/westsacfun), (Twitter) @WestSacFun

**Prerequisite:** Background Check & Fingerprinting; If 8 hours or less of volunteer time, no prerequisites.

## Volunteer Income Tax Assistance (VITA)

**Description:** Volunteer Income Tax Assistance offers free tax help to low-income people.

**Volunteer Opportunities:** VITA Program - prepare tax returns, event assistance-screener, greeters and runners.

**Min. Age:** High school

**Contact:** Diana Clay, VITA Coordinator

**Email:** [diana.clay@uwccr.org](mailto:diana.clay@uwccr.org)

**Phone:** (916) 368-3059

**Address:** 10389 Old Placerville Road, Sacramento, CA 95827

**Website:** [yourlocalunitedway.org](http://yourlocalunitedway.org)

**Prerequisite:** Online application.

## HELPING THOSE WITH DISABILITIES

### Access Leisure and Paralympic Sport

**Description:** The mission of Access Leisure is to provide and facilitate recreation programs and services for people with disabilities to optimize the experience of living. We do this through a variety of programs such as: creating opportunities for people with special needs to access competitive and recreational sports, special events, social and fitness programs, camping, and outdoor education. Access Leisure serves children, teens, and adults of all abilities.

**Volunteer Opportunities:** There are many volunteer opportunities available with Paralympic Sport Club programs and Social programs, evenings and weekends.

**Min Age:** 15 with parental attendance.

**Contact:**

Jenny Yarrow or Michelle Tabarango

**Email:** [jyarrow@cityofsacramento.org](mailto:jyarrow@cityofsacramento.org) or [mtabarango@cityofsacramento.org](mailto:mtabarango@cityofsacramento.org)

**Phone:** (916) 808-6017 or (916) 808-1205

**Address:** 5735 47th Avenue, Sacramento, CA 95824

**Website:** [cityofsacramento.org/ParksandRec/Recreation/Special-Needs](http://cityofsacramento.org/ParksandRec/Recreation/Special-Needs)



## Braille and Talking Book Library

**Description:** Lends books in Braille and on digital audio cartridge, and downloadable digital braille/audio books to blind and otherwise print disabled people in 48 Northern CA counties.

**Volunteer Opportunities:** Assist with book inspections, machine cleaning, telephone surveying, shelving, pulling books, checking books.

**Min Age:** 14

**Contact:** Mike Marlin or Kenneth Lawrence

**Email:** mike.marlin@library.ca.gov or kenneth.lawrence@library.ca.gov

**Address:** 900 N Street,

Sacramento, CA 95814

**Phone:** (916) 651-0812 or (916) 651-2810

**Website:** btbl.ca.gov

**Prerequisites:** Application. Check for volunteer positions on our web site: [library.ca.gov/about/jobs/volunteer](http://library.ca.gov/about/jobs/volunteer).

## California Council of the Blind

**Description:** Since 1934, the California Council of the Blind, the largest organization of Californians with visual impairments, has been working to improve the lives of persons who are blind or visually impaired. We have local affiliates throughout the state, and a membership of approximately 1,500. Our services include: scholarships to blind college students, no-interest loans to those seeking, or attempting to retain, employment, information and referral services, and most importantly advocacy on behalf of those with visual impairments.

**Volunteer Opportunities:** Please call The California Council of the Blind (CCB) office for

further information.

**Min Age:** 16 to volunteer independently with parent/guardian written consent, under 16 with parent/guardian present or as a part of a group with signed authorization of parent/guardian on file with a 6 to 1 youth adult ratio at minimum.

**Contact Person:** Nicole Pacheco, CCB Operations Manager

**Email:** [nicole.pacheco@ccbnet.org](mailto:nicole.pacheco@ccbnet.org)

**Phone:** (916) 441-2100

**Address:** 2143 Hurley Way, Suite 250, Sacramento, CA 95825

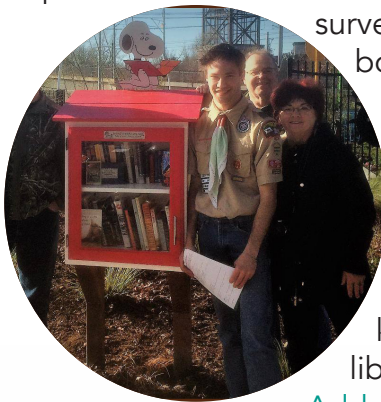
**Website:** [ccbnet.org](http://ccbnet.org)

**Social Media:** (Facebook) [facebook.com/ccbnet.org/](https://facebook.com/ccbnet.org/)

**Prerequisite:** Please call the CCB office for more information.

## Developmental Disabilities Service Organization

**Description:** Developmental Disabilities Service Organization (DDSO) is one of the most respected nonprofits in the Sacramento and San Joaquin regions, providing a diverse range of services for adults with developmental disabilities. Established in 1975 during a time when society's common response to those with developmental disabilities was one of disregard, Mary Short, wife of California Senator Alan Short, started a program that was the first of its kind in the nation. The Alan Short Center (ASC) utilized visual and performing arts as a tool for teaching people with developmental disabilities. Today DDSO operates five



day programs located at three different sites to enrich the quality of life for persons with intellectual and developmental disabilities by fostering individual growth, creativity and community involvement through innovative strategies and artistic expression. In addition, the organization operates a gift store in the State Capitol Building and a repertory company.

**Volunteer Opportunities:** Special projects, such as gardening and painting, and set up/break down for fundraising events.

Call for information.

**Min. Age:** 16 if working with program participants who have disabilities.

Younger ages are authorized for weekends and some special events.

**Contact:** Stacey Hilton

**Email:** [execsupport@ddso.org](mailto:execsupport@ddso.org)

**Phone:** (916) 456-5166

**Address:** 5051 47th Avenue, Sacramento, CA 95824

**Website:** [ddso.org](http://ddso.org)

**Social Media:** (Facebook) [facebook.com/DDSOorg](https://facebook.com/DDSOorg), [facebook.com/DDSO.Volunteers](https://facebook.com/DDSO.Volunteers), (Pinterest) [pinterest.com/DDSOorg](https://pinterest.com/DDSOorg), (Twitter) @DDSOorg, (Instagram) @DDSOorg

**Prerequisite:** Volunteer application.

## **Lend a Heart Animal-Assisted Therapy**

**Description:** An all-volunteer organization that provides animal-assisted therapy services to a variety of facilities.

**Volunteer Opportunities:** Sacramento area.

**Min. Age:** 10 with parent/guardian participation

**Contact:** Youth Volunteer Coordinator

**Email:** [lendaheart.aat@gmail.com](mailto:lendaheart.aat@gmail.com)

**Address:** PO Box 60617, Sacramento CA 95860

**Website:** [lendaheart.org](http://lendaheart.org)



**Prerequisite:** Complete an application online.

## **Project R.I.D.E. Inc.**

**Description:** Provides recreational therapeutic horseback riding instruction to people with special needs.

**Volunteer Opportunities:** Side walkers and leaders to assist directly in lessons, additional opportunities available daytime, afterschool and weekends, all year long. No horse experience required.

**Min Age:** 14

**Contact:** Marisa DeSalles or Suzi Lawton

**Email:** [volunteer@projectride.org](mailto:volunteer@projectride.org)

**Phone:** (916) 685-7433

**Address:** 8840 Southside Avenue, Elk Grove, CA 95634

**Website:** [projectride.org](http://projectride.org)

**Social Media:** (Facebook) [facebook.com/projectRIDEinc](https://facebook.com/projectRIDEinc), (Twitter) @ProjectRide\_Inc

**Prerequisite:** Attend training held monthly.

## **Ride To Walk**

**Description:** A therapeutic riding program for individuals with disabilities. Our mission is to enhance the lives of children, young adults and adults with disabilities by providing innovative therapeutic horseback riding activities that are recreational in nature and adapted to the individual's needs and abilities. Ride To Walk strives to provide a positive support system for individuals with disabilities, their parents/caregivers, and the community.

**Volunteer Opportunities:** Side-walker, horse grooming, horse leading, landscaping, and fundraising.

**Min Age:** 16

**Contact:** Kristine Corn, Office Manager  
or Yolanda Fraser,  
Community Outreach/  
Event Coordinator

**Email:** [ridetowalk@sbcglobal.net](mailto:ridetowalk@sbcglobal.net)

**Phone:** (Ranch) (916) 434-0693,  
(Office) (916) 791-2747

**Address:** (Ranch) 1630 Highway 193,  
Lincoln, CA 95648,  
(Office) 720 Sunrise Avenue, Suite D110,  
Roseville, CA 95661

**Website:** [ridetowalk.org](http://ridetowalk.org)

**Social Media:** (Facebook)  
[facebook.com/RideToWalk](https://facebook.com/RideToWalk)

**Prerequisite:** Healthy, able to walk for ½ hour  
increments, enjoys children and horses.



**Social Media:** (Facebook)

[facebook.com/ SocietyForTheBlind](https://facebook.com/SocietyForTheBlind),  
(Twitter) @Society4Blind

**Prerequisites:** Access News  
readers must also complete an in-  
person interview with our Access  
News coordinator. Please email  
[volunteer@societyfortheblind.org](mailto:volunteer@societyfortheblind.org)  
to schedule.

## Society for the Blind

**Description:** Society for the Blind is a full  
service, nonprofit agency providing services  
and programs for people who are blind or have  
low vision. Serving 27 counties in Northern  
California, Society for the Blind is located in  
midtown Sacramento.

**Volunteer Opportunities:** Access News – a  
reading service that allows volunteers to record  
current news, magazines, circulars, and other  
items of interest so that people who are blind  
or low vision can listen to these publications  
through the telephone. Time commitments are  
very flexible and you can record from home  
as well as in our studio. Check our website for  
additional opportunities.

**Min Age:** 13

**Contact:** Volunteer Coordinator

**Email:** [volunteer@societyfortheblind.org](mailto:volunteer@societyfortheblind.org)

**Address:** 1238 S Street, Sacramento, CA 95811

**Website:** [societyfortheblind.org/  
get-involved/volunteer](http://societyfortheblind.org/get-involved/volunteer)

## Special Olympics Northern California

**Description:** Provides athletic  
opportunities to children and  
adults with intellectual disabilities,  
instilling the confidence they need  
to succeed in life.

**Volunteer Opportunities:**

Timing, scorekeeping, lunch service, awards at  
competitions, assist coaches during practices,  
general office work.

**Min Age:** 10-13 with adult supervision,  
14+ without adult supervision

**Contact:** Julie Rodriguez,  
Regional Sports Director

**Email:** [julier@sonc.org](mailto:julier@sonc.org)

**Phone:** (916) 375-1930, x203

**Address:** 1401 Halyard Drive, Suite 100,  
West Sacramento, CA 95691

**Website:** [sonc.org](http://sonc.org)

**Social Media:** (Facebook) [facebook.com/  
SONorCal](https://facebook.com/SONorCal), (Twitter) @SONorCal

**Prerequisites:** Application and online orientation.

## Very Inspirational People (VIP)

**Description:** Provides opportunities for  
inspirational athletes with  
developmental disabilities.

**Volunteer Opportunities:** Work directly with

athletes during sporting activities, assist with lunches, dinner and special events; become a timer, coach, or score keeper.

**Min Age:** 14

**Contact:** Donna Adams

**Email:** adams.f@sbcglobal.net

**Phone:** (916) 606-5844

**Address:** Varies during the seasons;  
Refer to website for location of events.

**Website:** vipinfo.org

**Prerequisite:** Please email to sign up.

## HEALTHCARE

### BloodSource

**Description:** BloodSource, not-for-profit since 1948, provides lifesaving and life-sustaining services to millions of people throughout

Northern and Central California and across the nation when needed.

Through a network of blood donor centers and mobile drives and a passionate volunteer donor base, the BloodSource mission is dedicated to providing blood and services to those in need.

Together, with our communities, we are the source for a precious and perishable resource for which there is no artificial substitute. We have great volunteer opportunities for volunteers to provide customer service at mobile blood drives, donor centers and our offices. (BloodSource is not able to utilize volunteers in any clinical or medical capacity.)



### Volunteer Opportunities:

For ages 14 years+:  
childcare and mascot positions at our large blood drives and community events.

For ages 16 years+:  
volunteers can assist at our blood drives, refreshment lounges and clerical duties at our headquarters offices.

**Min Age:** 16 for most opportunities;  
14 for some event opportunities

**Contact Person:** Jana Emery or Jeri Van Winkle

**Email:** volunteers@bloodsource.org

**Phone:** (916) 456-1500

**Address:** 10536 Peter A McCuen Boulevard,  
Mather, CA 95655

**Website:** bloodsource.org

**Prerequisite:** Visit website for opportunities and online application.



### Firefighters Burn Institute

**Description:** The Firefighters Burn Institute is a nonprofit 501(c)3 organization founded by Sacramento Fire Captain Cliff Haskell and the Sacramento Area Firefighters, Local 522 in 1973, for the purpose of establishing a local burn treatment facility; providing recovery programs for burn survivors; providing fire and burn prevention through public education; funding education for medical burn team professionals, firefighters and burn survivors; and supporting burn treatment and rehabilitation research.

**Volunteer Opportunities:** We offer many opportunities for teens and adults to help in our programs and events throughout the year. When you contact us to help, we send out a request with an explanation of each event or program

and give you all the necessary information to participate.

**Min Age:** 12; under 21 accompanied by an adult.

**Contact:** Peri Henderson, Volunteer Coordinator

**Email:** [peri@ffburn.org](mailto:peri@ffburn.org)

**Phone:** (916) 739-8525

**Address:** 3101 Stockton Boulevard,  
Sacramento, CA 95820

**Website:** [ffburn.org](http://ffburn.org)

**Social Media:** (Facebook) [facebook.com/](https://facebook.com/FirefightersBurnInstitute)

FirefightersBurnInstitute,

(Twitter) @FFBurnInstitute,

(Youtube) [youtube.com/user/TheFFBI](https://youtube.com/user/TheFFBI),

(Flickr) [flickr.com/photos/61388604@N02/](https://flickr.com/photos/61388604@N02/)

**Prerequisites:** Each event has different procedures for minors. Contact Volunteer Coordinator for details.



## Kaiser Permanente South Sacramento

### Description:

Healthcare facility dedicated to building healthy communities, healing and wellness.

### Volunteer

### Opportunities:

Information Desk,  
Errand Runners  
and Ambassador.

**Min Age:** 16

**Contact:** Valerie Sanders

**Email:** [valerie.w.sanders@kp.org](mailto:valerie.w.sanders@kp.org)

**Phone:** (916) 688-6069

**Address:** 6600

Bruceville Road, Sacramento, CA 95823

**Website:** [kp.org](http://kp.org)

**Prerequisites:** Application, interview and orientation.

## Keaton's Child Cancer Alliance

### Description:

Keaton's Child Cancer Alliance is a non-profit based in Roseville, CA and currently serves Northern California. We support children with cancer and their families with emotional, educational, and financial support while increasing awareness and funding research toward a cure.



**Volunteer Opportunities:** We have several fundraisers each year where we need volunteer assistance; St. Baldrick's (March), Chipping Away Golf Tournament (May) Funderland Family Event (May), Gala (November), Holly Jolly Family Celebration (December).

**Min Age:** 12

**Contact:** Debbie Gomes, Volunteer Coordinator

**Email:** [volunteercoordinator@childcancer.org](mailto:volunteercoordinator@childcancer.org)

**Phone:** (916) 757-6132

**Address:** 2260 Douglas Boulevard, Suite 140,  
Roseville, CA 95661

**Website:** [childcancer.org](http://childcancer.org)

**Social Media:** (Facebook) [facebook.com/](https://facebook.com/KeatonsChildCancerAlliance)

KeatonsChildCancerAlliance,

(Twitter) @KCCACHildCancer, (Instagram)

@kcca4childcancer, (Youtube) [youtube.com/user/](https://youtube.com/user/KeatonRaphaelMemoria)

KeatonRaphaelMemoria

## Mercy General Hospital

**Description:** Dedicated to building healthy communities, healing and wellness.

**Volunteer Opportunities:** Information desk (assist visitors) and clerical work.

**Minimum Age:** 15

**Contact:** Volunteer Coordinator  
**Email:** mghvolunteerservices@dignityhealth.org  
**Address:** 4001 J Street, Sacramento, CA 95819  
**Phone:** (916) 453-4559  
**Website:** mercygeneral.org  
**Prerequisites:** Interview and orientation.

## Pancreatic Cancer Action Network

**Description:** Creating hope in a comprehensive way through research, patient support, community outreach and advocacy for a cure.

**Volunteer Opportunities:** There are many ways you can support the local fight and join other friendly volunteers committed to fighting pancreatic cancer. Whether you have ten minutes or are looking for a more extensive commitment, we have a role for you. Our volunteers focus on several key areas: raising general awareness, media, education and outreach to healthcare professionals, advocacy and fundraising and awareness events.

**Min Age:** None

**Contact:** Meghan Feenstra

**Email:** mfeenstra@pancanvolunteer.org

**Phone:** (916) 509-2714

**Website:** pancan.org/volunteer

**Social Media:** (Facebook)

facebook.com/PanCAN.Sacramento

## Shriners Hospitals for Children Northern California

**Description:** A pediatric medical center, treating children 18 years of age and younger in need of acute care with burns, orthopedic conditions, spinal cord injuries, or cleft lip/palate.

**Volunteer Opportunities:**

For 18 years and older: School room tutors,

medical records, therapeutic play, clerical, surgery, ICU, radiology, clinical lab, outpatient clinic, arts and crafts.

**Summer Youth Academy:** Designed for youth to gain work experience in a health care setting. Mid-June through end of July (six weeks) only, deadline to submit applications and essay of 500 words, is Noon on April 1st.

12 positions available.

**Special Events:** Primarily outside hospital, community health fairs, holiday events and fundraisers.

**Min Age:** 16

**Contact:** Lillian Nelson

**Email:** lnelson@shrinenet.org

**Phone:** (916) 453-2087

**Address:** 2425 Stockton Boulevard, Sacramento, CA 95817

**Website:** shrinerschildrens.org

**Prerequisite:** Volunteer application.

## PROTECTING THE ENVIRONMENT

### American River Parkway Foundation

**Description:** The mission of the American River Parkway Foundation is to support the preservation and enjoyment of the American River Parkway by fostering environmental education, stewardship and volunteer opportunities. We take pride in the Parkway!

**Volunteer Opportunities:**

Conservation Programs – River Clean Ups & Invasive Plant Removal;  
Special Events and Internships



**Min Age:** Varies by event and program.  
Volunteers under the age of 18 must have an adult fill out a Youth Waiver, and volunteers under the age of 15 must have an adult present.

**Contact Person:** Jordan Powell

**Email:** [volunteer@arpf.org](mailto:volunteer@arpf.org)

**Phone:** (916) 486-2773

**Address:** 5700 Arden Way,  
Carmichael, CA 95608

**Website:** [arpf.org](http://arpf.org)

**Social Media:** (Facebook) [facebook.com/ARParkway](https://facebook.com/ARParkway), (Twitter) @arpfsac, (Instagram) @arpfsac

## Breathe CA of Sacramento

**Description:** Works towards cleaning the air through a variety of local clean air programs, and supports organizations that are also working to improve air quality in our communities.

**Volunteer Opportunities:** Become a member of the Youth Advisory Board or help counter the glamorization of tobacco in film by participating in our Thumbs Up! Thumbs Down! Program.

**Min. Age:** 14

**Contact:** Katie Cox, Senior Programs Director

**Email:** [kcox@sacbreathe.org](mailto:kcox@sacbreathe.org)

**Phone:** (916) 444-5900 ext. 209

**Address:** 909 12th Street, Suite 100,  
Sacramento, CA 95814

**Website:** [sacbreathe.org](http://sacbreathe.org)

**Prerequisite:** Fill out application

## City of Sacramento – Water Conservation

**Description:** We are here to help City of Sacramento customers use water wisely, which both preserves our limited water resources and can save customers money on their utility bills.

**Volunteer Opportunities:** Most of our volunteer

opportunities take place during the spring and summer. Volunteers will help put together packets for home owners, organize and help inventory supplies, prepare mailings and door hangers. Volunteers may also be utilized to help out at community outreach events and distribute door hangers throughout the community.

**Min Age:** Age: 13+

(9+ with parent or guardian supervision).

**Contact Person:**

Maureen Coulson

**Email:** [mcoulson@cityofsacramento.org](mailto:mcoulson@cityofsacramento.org)

**Phone:**

(916) 808-6310

**Address:** 5730 24th  
Street, Building 22,  
Sacramento CA 95822

**Website:** [sacwaterwise.com](http://sacwaterwise.com)

**Prerequisite:** Volunteer application.



## Cosumnes River Preserve

**Description:** The Cosumnes River Preserve consists of over 50,000 acres (70+ square miles) of wildlife habitat and agricultural lands. The Preserve is centered along the Cosumnes River, its floodplains and riparian habitat. The Cosumnes River Preserve provides wintering habitat for over 100,000 winter migratory birds each year.

**Volunteer Opportunities:** Become a Volunteer Naturalist which staffs the Visitor Center on weekends, leads nature walks, guides paddling tours, conducts outreach events, assists with bird surveys and other activities. Join our Habitat Restoration Team and become an environmental steward and help maintain and restore the Preserve's natural resources. Habitat Restoration Workdays are great opportunities to get your

hands dirty and make an impact on your local environment and are ideal for scouts or students looking for service-learning hours.

**Min Age:** 18

**Contact Person:** Kyle Bowlin,  
Outreach & Volunteer Coordinator

**Email:** bowlink@saccounty.net

**Phone:** (916) 684-2816

**Address:** 13501 Franklin Boulevard,  
Galt, CA, 95632

**Website:** cosumnes.org

**Social Media:** (Facebook)

facebook.com/CosumnesRiverPreserve,  
(Twitter) @CosumnesRiverP

**Prerequisite:** None.

## Effie Yeaw Nature Center

**Description:** Nature Center

**Volunteer Opportunities:** Nature Camp Assistant during school breaks, morning shifts. Animal Care Assistants, 6 month commitment, 8:30 to 11:30, 2 to 4 times a month (must be okay with snakes).

**Min Age:** 14

**Contact:** Jamie Washington,  
Volunteer Coordinator

**Email:** jamiew@sacnaturecenter.net

**Phone:** (916) 489-4918 ext. 224

**Address:** Ancil Hoffman Park,  
2850 San Lorenzo Way,  
Carmichael, CA 95608

**Website:** sacnaturecenter.net

**Prerequisite:** Reliable, and reliable transportation. For Nature Camps, must like working with kids. For Animal Care, must like reptiles and birds, and be happy with cleaning animal care enclosures.

Not appropriate for court-ordered community service.



## Keep California Beautiful

**Description:** Its mission is to ignite individual, community, corporate responsibility and pride through active resource conservation and waste minimization to enhance California's beauty for generations to come. A great way for youth to learn about our program is during our upcoming informational webinars. Visit [greencaschools.org](http://greencaschools.org) to register!

**Volunteer Opportunities:** Highway pickup, park beautification and recycling programs.

**Min Age:** 14

**Contact:** Staff

**Email:** [info@keepcabeautiful.org](mailto:info@keepcabeautiful.org)

**Phone:** (661) 831-2321

**Address:** 1822 21st Street, Suite 400,  
Sacramento, CA 95811

**Website:** [keepcabeautiful.org](http://keepcabeautiful.org)

**Social Media:** (Facebook) [facebook.com/KeepCaliforniaBeautiful](https://facebook.com/KeepCaliforniaBeautiful),  
(Twitter) @keepcabeautiful

**Prerequisite:** None.

## Sacramento Area Community Garden Coalition

**Description:** Provides community gardening and community greening projects.

**Volunteer Opportunities:** Weeding, garden maintenance and other projects as they are available.

**Min Age:** 12

**Contact:** Bill Maynard

**Email:**

[wmaynard@cityofsacramento.org](mailto:wmaynard@cityofsacramento.org)

**Phone:** (916) 508 - 6025

**Prerequisite:** Fill out waiver.

## Sacramento Tree Foundation

**Description:** The Sacramento Tree Foundation is a community benefit organization working to build healthy, livable communities in the Sacramento region by growing the best urban forest in the nation. Since 1982, thousands of volunteers have enhanced our region by planting over 1.5 million trees. We're committed to continuing the "City of Trees" legacy by empowering communities to plant, learn, and grow with us.

**Volunteer Opportunities:** Volunteers are integral to the work that the Sacramento Tree Foundation does. Without the support of volunteers, we would not have planted over a million trees to date. Children ages 6-15 are welcome to volunteer with adult supervision, while youth ages 16-18 may volunteer with parental consent. No experience is necessary; all training and tools will be provided on-site. The Sacramento Tree Foundation holds volunteer events nearly every Saturday, especially during planting season (November-April). To volunteer at an event, sign up online at [sactree.com/events](http://sactree.com/events) or call the Volunteer Coordinator to receive event details.



Volunteer Coordinator to receive event details.

**Min Age:** 6

**Contact Person:**

Katie Gerhart

**Email:** [volunteer@sactree.com](mailto:volunteer@sactree.com)

**Phone:** (916) 924-4310

**Address:** 191 Lathrop Way, Suite D, Sacramento CA 95815

**Website:** [sactree.com](http://sactree.com)

**Social Media:** (Facebook) [facebook.com/sactree](https://facebook.com/sactree), (Twitter) @SacTree

**Prerequisites:** Volunteers should wear closed-toe

shoes, appropriate clothing, and bring a water bottle.

## Sacramento Valley Conservancy

**Description:** 501c3 non-profit Land Trust (accredited by the Land Trust Alliance)

**Volunteer Opportunities:** Weeding invasive species, mulching, moving leaves/branches, building/construction (simple small tasks), cleaning, fixing old signs. Other larger projects can be organized upon request.

**Min Age:** None. Anyone under 18 must be accompanied by a parent/supervisor.

**Contact:** Timothy Fiock, Camp Pollock Manager or Evan Griffiths, Stewardship Director

**Email:** [tfiock@sacramentovalleyconservancy.org](mailto:tfiock@sacramentovalleyconservancy.org)

**Phone:** (916) 792-4368

**Address:** 467 Del Paso Boulevard, Sacramento, CA 95815

**Website:** [sacramentovalleyconservancy.org](http://sacramentovalleyconservancy.org)

**Social Media:** (Facebook) [facebook.com/SacramentoValleyConservancy](https://facebook.com/SacramentoValleyConservancy), (Instagram) [sacramentovalleyconservancy](https://instagram.com/sacramentovalleyconservancy)

**Prerequisite:** None.

## Tree Davis

**Description:** Tree Davis is a non-profit organization with a mission to expand and enhance the urban forest of Davis and surrounding communities by teaching the community to plant and care for trees. Check our website for one-time volunteer opportunities.

**Volunteer Opportunities:** Our volunteer opportunities are centered around tree planting, tree care, and tree monitoring. We currently have programs in Davis, Woodland and West Sacramento. Besides one-time tree planting and care opportunities, we also support volunteer leaders in neighborhoods that wish to organize their block to plant trees.

**Min Age:** None  
**Contact Person:** Michelle Blair-Medeiros,  
 Program Manager  
**Email:** info@treedavis.org  
**Phone:** (530) 758-7337  
**Address:** P.O. Box 72053, Davis, CA  
 95617  
**Website:** treedavis.org  
**Social Media:** (Facebook) facebook.  
 com/  
 Tree-Davis-54682344026/  
**Prerequisite:** None, but anyone under  
 18 must have parents sign a waiver  
 before volunteering.



## PARKS AND RECREATION

### Arcade Creek Recreation and Park District

**Description:** Providing recreational opportunities  
 and park services to community. Consists of two  
 community parks, a neighborhood park and two  
 natural creek trail areas!

**Volunteer Opportunities:** Help with special  
 events or at school programs. Assist students  
 with homework questions, play activities/games.

**Min. Age:** 16

**Contact:** Julie Leber

**Email:** jleber@acrpdpd.com

**Phone:** (916) 482-8377

**Address:** 4855 Hamilton Street,  
 Sacramento CA 95841

**Website:** acrpdpd.com/

Volunteer\_Opportunities.html

**Prerequisite:** Fill out online application.

### City of Sacramento Parks Operations

**Description:** Maintains more than 210 parks  
 and open spaces, totaling more than  
 2,000 acres.

**Volunteer Opportunities:** One-  
 day and special events for groups  
 only. Activities vary by season  
 and include but are not limited  
 to: gardening, weeding, pruning,  
 planting, brush clearing, spreading  
 mulch, litter and invasive plant  
 removal, and playground or play field  
 preservation or improvement.

**Min Age:** 18 & younger with Adult

**Contact:** Richard Perez, Volunteer Coordinator

**Email:** rperez@cityofsacramento.org

**Phone:** (916) 808-2285

**Address:** 5730 24th Street, Building 3,  
 Sacramento, CA 95822

**Website:** cityofsacramento.org/ParksandRec

**Prerequisite:** Application online.

### City of Sacramento – Angelique Ashby's Youth Action Corps

**Description:** Members learn, apply, and teach  
 park maintenance techniques to other volunteers  
 in their local parks.

**Volunteer Opportunities:** Beautify parks  
 throughout North Natomas. Oversee clean-  
 up events for other organizations, including  
 registration, tool distribution, training, etc.  
 Lots of individual, partnered, and  
 group opportunities.

**Min Age:** Middle school & high school students,  
 plus college-aged volunteers

**Contact:** Andre Favila,

District One Parks & Youth Liaison

**Email:** afavila@cityofsacramento.org

**Phone:** (916) 827-1067



**Address:** City Hall, 915 I Street, 5th Floor, Sacramento, CA 95814

**Website:** [angeliqueashby.com/youth](http://angeliqueashby.com/youth)

**Social Media:** (Facebook)

[facebook.com/NatomasDistrict1PLAY](https://facebook.com/NatomasDistrict1PLAY)

**Prerequisites:** Bring completed waiver to first meeting/event: [angeliqueashby.com/PLAY](http://angeliqueashby.com/PLAY). Sign up: [d1play.eventbrite.com](https://d1play.eventbrite.com).

## Fulton-El Camino Recreation and Park District

**Description:** The district is an independent, special, recreation and park district governed by a five member, elected Board of Directors. Currently the district comprises 80 acres of developed parkland and two underdeveloped acres. The district offers many recreation opportunities including: classes, special events, adult and youth sports, preschool, before and after school, aquatics programs, senior programs and teen outdoor programs.

**Volunteer Opportunities:** Fulton-El Camino District events and fundraisers, annual Sacramento Creek Week, park clean up, office assistance.

**Min Age:** 12

**Contact Person:** Jaden Delfer, Recreation Supervisor

**Email:** [jdelfer@fecrecpark.com](mailto:jdelfer@fecrecpark.com)

**Phone:** (916) 927-3802 ext. 125

**Address:** 2201 Cottage Way, Sacramento, CA 95825

**Website:** [fecrpd.com](http://fecrpd.com)

**Social Media:** (Facebook) [facebook.com/](https://facebook.com/)

FECRECPARK, (Twitter) @FECrecreation

**Prerequisite:** None.

## Mission Oaks Parks and Recreation District

**Description:** Provides programs and recreational opportunities to all ages in the Arden, Arcade, and Carmichael communities.

**Volunteer Opportunities:** Assist in the front desk, help prepare, serve and clean up daily lunch program, after-school team leaders, camp leaders, and a variety of special events (from egg hunts, concerts to dances).

**Minimum Age:** 13

**Contact Person:** Nicole Friedrich, Recreation Supervisor - Youth Sports or Rodney Dahlberg, Recreation Supervisor, MOCC – Special Events or Danny Curtola, Recreation Supervisor – Swanston Community Center – Youth Programs

**Email:** [nfriedrich@morpd.com](mailto:nfriedrich@morpd.com) or [dahlberg@morpd.com](mailto:dahlberg@morpd.com) or [dcurtola@morpd.com](mailto:dcurtola@morpd.com)

**Phone:** (916) 488-2890

**Address:** 3344 Mission Avenue, Carmichael, CA 95608

**Website:** [morpd.com](http://morpd.com)

**Social Media:** (Facebook) [facebook.com/MissionOaksRecAndParks](https://facebook.com/MissionOaksRecAndParks)

**Prerequisites:** Contact Recreation Supervisor to obtain and complete application.



## Orangevale Parks and Recreation District

**Description:** Recreation District in Orangevale.

**Volunteer Opportunities:** Volunteering at monthly events.

**Min Age:** 13

**Contact:** Chelsea McAdam

**Email:** chelsea@ovparks.com

**Phone:** (916) 988-4373

**Address:** 6826 Hazel Avenue,  
Orangevale, CA 95662

**Website:** ovparks.com

**Social Media:** (Facebook) facebook.com/ovparks,  
(Instagram) @ovparks

**Prerequisite:** Fill out application.

## SCIENCE AND TECHNOLOGY

### Explorit Science Center

**Description:** Our mission is to ignite and foster curiosity about science and nature through inquiry and discovery. We do this by providing opportunities for hands-on science exploration to about 65,000 people in 17 Northern California counties each year through mobile and on-site programs that relate principles of science to everyday life.

**Volunteer Opportunities:** Summer camp assistant, exhibit assistant, docent, administrative volunteer, special events planning, artist or photographer.

**Min Age:** 12 years old

**Contact:** Alfreda Wei

**Email:** alfredaw@explorit.org

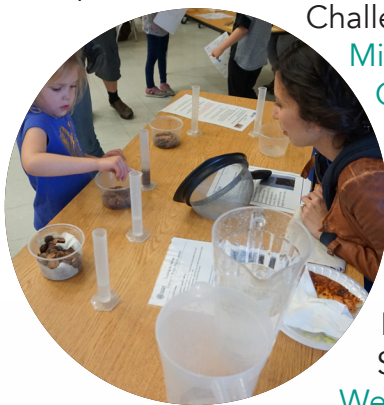
**Phone:** (530) 756-0191

**Address:** 3141 5th Street, Davis, CA 95618

**Website:** explorit.org

**Social Media:** (Facebook)  
facebook.com/explorit.fb

**Prerequisites:** Volunteers must submit a Volunteer Application form (downloaded from our website) then undergo an interview and orientation.



### Powerhouse Science Center

**Description:** An educational institution dedicated to sparking curiosity & inspiration through dynamic onsite programs and exhibitions. We encourage visitors to go forth and discover. #SciencelsEverywhere

**Volunteer Opportunities:** Children's weekend activities, Public Programs, Special Events, and Challenger Learning Center.

**Min Age:** 16

**Contact Person:** Diana Shibko,  
Volunteer Coordinator

**Email:** volunteers@powerhousesc.org

**Phone:** (916) 808-3942

**Address:** 3615 Auburn  
Boulevard,  
Sacramento, CA 95821

**Website:** powerhousesc.org

**Social Media:** (Facebook) facebook.com/  
PowerhouseScienceCenter/,  
(Twitter) @PowerhouseSac,  
(Instagram) @powerhousesciencecenter

**Prerequisite:** None.

## SERVING SENIORS

### ACC Senior Services Center

**Description:** ACC Senior Services Center is a nonprofit organization that provides programs and services to seniors and family caregivers in the community.

**Volunteer Opportunities:** Sing or play an instrument to entertain senior residents. Schedule flexible (1 hour). Located at ACC Care Center (7801 Rush River Dr., Sacramento, CA 95831). Minimum age: Inquire.

**Special Events:** On-call to assist with various

events around the year. Duties may include: setup, breakdown, putting up decorations, wrapping raffle prizes, etc. Minimum age: 15 (inquire if younger)

**Minimum age:** Inquire.

**Contact Person:** Chau Nguyen,  
Volunteer Coordinator

**Email:** cnguyen@accsv.org

**Phone:** (916) 394-6399 ext. 130

**Address:** 7374 Park City Drive,  
Sacramento, CA 95831

**Website:** accsv.org

**Social Media:** (Facebook) facebook.com/accsv,  
(Twitter) @ACCSeniorSvc

**Prerequisite:** Fill out a Volunteer Interest form – available at website or pick up at ACC Senior Services (Campus location) – 7334 Park City Dr., Sacramento, CA 95831.

## Alzheimer's Association – Greater Sacramento

**Description:** Our mission is to eliminate Alzheimer's disease through the advancement of research, to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health.

**Volunteer Opportunities:** We offer many opportunities for volunteers to engage with our organization, including advocacy, community outreach, fundraising events, public relations, education, medical office outreach, and more. Schedules are flexible and remote opportunities are available.

**Min Age:** 15

(14 and younger with adult)

**Contact Person:** Katie Curler,  
Volunteer Engagement Manager

**Email:** kcurler@alz.org

**Phone:** (916) 930-9080 ext. 2544

**Address:** 1455 Response Road, Suite 190,  
Sacramento, CA 95815

**Website:** alz.org/norcal

**Social Media:** (Facebook) facebook.com/  
AlzheimersCalifornia, (Twitter) @alznorcalnornev

**Prerequisite:** Submit application at alz.org/  
norcal/in\_my\_community\_10781.asp.

## Eskaton

**Description:** Eskaton is Northern California's leading nonprofit provider for innovative health, housing and social opportunities for older adults.

**Volunteer Opportunities:** Available at multiple locations. Assist with games, arts and crafts, visit with residents, wheelchair chauffeur, create life biographies, work events or share your talents such as singing or playing an instrument.

**Min Age:** Each community varies on age, but most have opportunities for volunteers younger than 18 years old.

**Contact:** Darlene Cullivan, CVA,  
Manager of Volunteer Resources

**Email:** Darlene.cullivan@eskaton.org

**Phone:** (916) 334-0810 ext. 1177

**Address:** 5105 Manzanita Avenue,  
Carmichael, CA 95608

**Website:** eskaton.org

**Prerequisites:** Volunteer  
application  
and orientation.



## Ethel Hart Senior Center

**Description:** The Hart Senior Center is a place where people age 50+ can come take part in a wide range of leisure enrichment classes, receive linkages to social services, socialize with their peers and much more. All of our volunteer opportunities take place during regular business

hours, Monday through Friday, from 8am-5pm.

**Volunteer Opportunities:** Varied.

**Min Age:** 16+ (with parental consent form)

**Contact:** Alicia Black

**Email:** [ablack@cityofsacramento.org](mailto:ablack@cityofsacramento.org)

**Phone:** (916) 808-5462

**Address:** 915 27th Street, Sacramento, CA 95816

**Website:** [cityofsacramento.org/hartcenter](http://cityofsacramento.org/hartcenter)

**Social Media:**

(Facebook)

[facebook.com/hartseniorcenter/](https://facebook.com/hartseniorcenter/)

**Prerequisite:**

Completed volunteer application.



## Oakridge Healthcare

**Description:** Skilled nursing facility providing 24-hour care for the elderly.

**Volunteer Opportunities:** Assist with activities, arts and crafts, bingo, and socialize with seniors.

**Min Age:** 16

**Contact:** Melissa Williams, Activity Director

**Phone:** (916) 782-3188

**Email:** [oakridgelifemw@gmail.com](mailto:oakridgelifemw@gmail.com)

**Address:** 310 Oakridge Drive, Roseville, CA 95678

**Website:** [oakridgehealthcare.net](http://oakridgehealthcare.net)

**Prerequisite:** Application

## Triple-R Adult Day Program

**Description:** Provides respite for caregivers, recreation for seniors with memory loss and resources for families.

**Volunteer Opportunities:** Activities include games, crafts, cooking, music, dancing, walks, exercise; visit with the clients and

provide companionship.

**Min Age:** 14

**Contact:** Chantell Albers

**Email:** [calbers@cityofsacramento.org](mailto:calbers@cityofsacramento.org)

**Phone:** (916) 808-8375

**Address:** Triple-R has three locations: Midtown, Greenhaven, & North Sacramento

**Website:** [tripler.org](http://tripler.org)

**Prerequisite:** Application. Ongoing volunteers must do a TB test.

## Volunteer Services of Bruceville Terrace

**Description:** Dedicated to improving the life for residents in a skilled nursing facility.

**Volunteer Opportunities:** Socialize with the residents: read, do activities, be a caring friend.

**Min Age:** 15. Ages 17 and younger need parent signature

**Contact:** Frank W. Fabing

**Email:** [frank.fabing@dignityhealth.org](mailto:frank.fabing@dignityhealth.org)

**Phone:** (916) 423-6155

**Address:** 8151 Bruceville Road, Sacramento, CA 95823

**Website:** [www.dignityhealth.org/sacramento/ways-to-giv/volunteer-at-methodist-hospital](http://www.dignityhealth.org/sacramento/ways-to-giv/volunteer-at-methodist-hospital)

**Prerequisites:** Pick up application at Methodist Hospital (located at 7500 Hospital Drive, Sacramento, CA 95823).





## SUPPORTING THE HOMELESS

### My Sister's House

**Description:** A safe haven for Asian and Pacific Islander and other under-served women and children impacted by domestic violence, sexual assault, and human trafficking.

**Volunteer Opportunities:** Assist women and children, answer crisis line, translate for clients, or help with special events.

**Min Age:** 16

**Contact:** Volunteer Coordinator

**Email:** volunteermsh@gmail.com

**Phone:** (916) 930-0626

**Address:** 3053 Freeport Boulevard, Suite 120  
Sacramento, CA 95818

**Website:** my-sisters-house.org

**Prerequisite:** Download application online.

### Next Move

**Description:** Next Move's mission is to move homeless families and individuals to high levels of self-reliance. Our Youth in A.C.T.I.O.N (Achieving Change Together in Our Neighborhood) program strives to provide structured volunteer service opportunities in our Children's Service department, Community Donation Center and Francis House Center programs. These services directly assist our client's and Next Move's ability to maximize resources, as well as diversity in delivery of services/programs to clients.

**Volunteer Opportunities:** Host donation drives, large or small group projects (as available), Family Shelter Children's Services Programs (Kids Club, Family Fun Fridays, Holiday Events), Donations Center (Customer Service & Sorting/Cleaning), host a Holiday Party, host a meal/carnival, work a Special Event/Fundraiser, landscape or garden.

**Min Age:** 15. Youth younger than 17 must volunteer with an adult (some exceptions apply).

**Contact Person:** Robynne Rose-Haymer, Director, Organizational Development

**Email:** rosehaymer@nextmovesacramento.org

**Phone:** (916) 454-2120 ext. 304

**Address:** 2925 34th Street,  
Sacramento, CA 95817

**Website:** nextmovesacramento.org

**Social Media:** (Facebook)  
facebook.com/nextmovesac

**Prerequisite:** Meet with a staff person to review volunteer application.

### Project Birthday

**Description:**

Birthday parties are an important part of growing up. Birthdays mark progress and are the hope of a new year to come.

But sadly, hundreds of Sacramento children in need will go without the happy memory of a birthday party. We are determined to make a difference! Project Birthday provides birthday parties and celebrations for children in need across the Sacramento area, including those residing in homeless shelters and temporary living facilities.

**Volunteer Opportunities:**

Birthday in a Box - A Birthday in a Box provides



decorations, activities, and gifts needed for a children's birthday party at one of our partner family shelters. Volunteers assemble a box full of birthday decorations, supplies, gifts, gift cards, activities and goody bags.

**Goody Bags** – Goody bags are always needed for our birthday parties. We need help in assembling 30 goody bags per batch that will contain five or more of the following: small safe toys, stickers, fake tattoo, costume jewelry, crayons, erasers, #2 pencils, mini activity books, socks and hair ties.

**Party Leader** – A Party Leader assists the Party Sponsors during one of our monthly birthday parties. They help with keeping the party on schedule, decorating, logistics and are the primary liaison between the shelter staff and party sponsor volunteers. A Party Leader is required to attend 4 parties a year. Schedules are available upon request. Project management and communication skills will be learned, and training will be provided.

**Party Sponsors** – Party Sponsors will deliver and throw birthday parties at one of our Project Birthday party locations. They will provide for the gift, décor, cupcakes, and activities. This is a perfect volunteer opportunity for groups. Schedule of parties is available upon request.

**Min Age:** Party Leader – 15 (with adult), 18+.

Other opportunities – 6 (with adult), 18+

**Contact Person:** Mika Guevarra,  
Party Coordinator

**Email:** [projectbirthday@communitylinkcr.org](mailto:projectbirthday@communitylinkcr.org)

**Phone:** (916) 447-7063 ext. 105

**Address:** 8001 Folsom Boulevard, Suite 100,  
Sacramento, CA 95826

**Website:** [projectbirthday.org](http://projectbirthday.org)

**Social Media:** (Facebook) [facebook.com/](https://www.facebook.com/)

ProjectBirthday, (Twitter) @ProjectBDaySac,  
(Instagram) @projectbdaysac

**Prerequisite:** Send us a message via email or Facebook Messenger or give us a call!



## Wind Youth Services

**Description:** Wind Youth Services provides supportive services and opportunities to youth experiencing homelessness as they pursue self-determined lives of stability and independence.

**Volunteer Opportunities:** Various

**Min Age:** None

**Contact Person:** Peter Bell

**Email:** [peterb@windyouth.org](mailto:peterb@windyouth.org)

**Phone:** (916) 202-6193

**Address:** 815 S Street, Sacramento, CA 95811

**Website:** [windyouth.org](http://windyouth.org)

**Prerequisite:** Contact Community Resource Coordinator.

## Women's Empowerment

**Description:** Women's Empowerment educates and empowers women who are homeless with the skills and confidence necessary to secure a job, create a healthy lifestyle, and regain a home for themselves and their children.

**Volunteer Opportunities:** Assist as aides in our Child Development Center, help out around the office with special projects, organize fund raisers and clothing drives, spread awareness of WE through social media and personal networking, and help with special events!

**Min Age:** 16

**Contact Person:** KT O'Connor,  
Community Partnerships Coordinator

**Email:** [kt@womens-empowerment.org](mailto:kt@womens-empowerment.org)

**Phone:** (916) 669-2307 ext. 104

**Address:** 1590 North A Street,

Sacramento CA 95811

**Website:** [womens-empowerment.org](http://womens-empowerment.org)

**Social Media:** (Facebook) [facebook.com/WEWorks](https://facebook.com/WEWorks), (Twitter) @WE\_Works, (Instagram) @we\_works

**Prerequisites:** Complete Volunteer Information Form, Volunteer Agreement, and contact Community Partnership Coordinator.



## YOUTH AND MENTORING

### 4-H Youth Development Program

**Description:** There is something for everyone in our programming. Whether it be taking responsibility of an animal or teaching children at an environmental science camp, the goal of our program is to help young people to discover and develop their potential and grow into competent, contributing and caring citizens.

**Volunteer Opportunities:** Youth Camp Counselors for 4-H On the Wild Side Camp, Teen Teacher for the 4-H Youth Experiences in Science Program.

**Min Age:** 14 with parental consent

**Contact Person:** Jen Henkens, Program Representative/Club Coordinator

**Email:** [sacramento4h@ucanr.edu](mailto:sacramento4h@ucanr.edu)

**Phone:** (916) 875-6530

**Address:** 4145 Branch Center Road, Sacramento, CA 95827

**Website:** [sac4h.ucanr.edu](http://sac4h.ucanr.edu)

**Social Media:** (Facebook) [facebook.com/pages/ Sacramento-County-4-H](https://facebook.com/pages/Sacramento-County-4-H)

**Prerequisite:** Application.

## Bridge Network

**Description:** Our mission is to provide a safe place for at-risk youth and connect them with resources and healthy relationships that offer and afford them opportunities to positively change their life situation.

**Volunteer Opportunities:** Youth Internships, Youth Leadership Development, Teen Led Groups, Peer Mentoring, Afterschool tutor, gardening helper, harvesting, planting, maintaining gardens, administrative and fundraising support.

**Min Age:** High School age, 15-18

**Contact Person:** Peggy Delgado Fava

**Email:** [info@bridge-network.org](mailto:info@bridge-network.org)

**Phone:** (916) 244-1406

**Address:** Slider Center, 7851 35th Avenue, Sacramento, CA 95824

**Website:** [bridge-network.org](http://bridge-network.org)

**Social Media:** (Facebook) [facebook.com/Bridge-Network-218229581552948/](https://facebook.com/Bridge-Network-218229581552948/), (Twitter) @bridge\_network

**Prerequisites:** Interview and orientation & training for advanced jobs.

## California Coalition for Youth (California Youth Crisis Line)

**Description:** California Youth Crisis Line operates 24 hours a day, seven days a week as a statewide emergency response system for youth and their families in crisis or need.

**Volunteer Opportunities:** Crisis counselors, outreach volunteers, interns.

**Min Age:** 18

**Contact:** Logan Shideler



**Email:** [logan@calyouth.org](mailto:logan@calyouth.org)

**Phone:** (916) 514-4464 ext. 107

**Address:** PO Box 161448,  
Sacramento, CA 95816

**Website:** [youthcrisisline.org](http://youthcrisisline.org)

**Social Media:** (Facebook) [facebook.com/cayouthcrisisline](https://facebook.com/cayouthcrisisline), (Twitter) @calyouth

**Prerequisites:** Application, interview, reference check, background check, training. All volunteers receive 40 hours of training before taking crisis calls.

## Chicks in Crisis, Inc.

**Description:** We assist women and teens who are currently pregnant or already parenting as well as foster and homeless youth.

**Volunteer Opportunities:** Assist with harvesting in the garden, painting, cutting lawns, raking, weed eating, pulling weeds, watering lawns, feeding the chickens, assisting with collecting items when donations are dropped off. Filing, sorting and bundling clothing, assist with sweeping, mopping, throwing out garbage, clean restrooms, help set up for events. Office hours Tuesday-Friday from 10 am to 4 pm. Closed on Mondays.

**Min Age:** 11

**Contact Person:** Gloria Benavides

**Email:** [gloria@chicksincrisis.org](mailto:gloria@chicksincrisis.org)

**Phone:** (916) 441-1243

**Address:** 9455 East Stockton Boulevard,  
Elk Grove, CA 95624

**Website:** [chicksincrisis.org](http://chicksincrisis.org)

**Social Media:** (Facebook)  
[facebook.com/OfficialCIC](https://facebook.com/OfficialCIC)

**Prerequisite:** Email or call Gloria if interested in volunteering.

## Girl Scouts Heart of California

**Description:** Girl Scouts is the world's most successful organization dedicated to creating girl leaders, with 3.2 million active members and more than 59 million alumnae. Since its founding in 1912, women have explored new fields of knowledge, learned valuable skills and developed strong core values through Girl Scouting. The Girl Scout organization has shaped the lives of most female executives and business owners, more than two-thirds of women in Congress, and virtually every female astronaut.

The national organization is Girl Scouts of the USA; the local council is Girl Scouts Heart of Central California (GSHCC). GSHCC is devoted to building girls of courage, confidence and character in Alpine, Amador, Calaveras, Colusa, El Dorado, Glenn, Mariposa, Merced, Nevada, Placer, Sacramento, San Joaquin, Solano, Stanislaus, Sutter, Tuolumne, Yolo and Yuba counties.

### Volunteer Opportunities:

Main volunteer opportunities include:

- Event Volunteers – Various Events Year Round
- STEM Center Workshop Facilitators
- Outdoor Innovation Workshop Facilitator
- More volunteer opportunities can be found at: [bitly.com/GSHCCvolunteers](http://bitly.com/GSHCCvolunteers)

**Min Age:** 18+

**Contact Person:** Casey Gray,  
Volunteer Engagement Manager

**Email:** [casey.gray@girlscoutshcc.org](mailto:casey.gray@girlscoutshcc.org)

**Phone:** (916) 453-5274



**Address:** 6601 Elvas Avenue,  
Sacramento, CA 95819

**Website:** [girlscoutshcc.org](http://girlscoutshcc.org)

**Social Media:** (Facebook) [facebook.com/GSHCC](https://facebook.com/GSHCC),  
(Twitter) @GirlScoutsHCC,  
(Instagram) @girlscoutshcc

**Prerequisites:** Volunteers must be 18 or older. Volunteers may be asked to complete a background check depending on the volunteer role they select.

## KidsFirst

**Description:** Agency dedicated to helping parents and children with difficult life circumstances before problems become overwhelming.

**Volunteer Opportunities:** Tutoring in homework (M-Th, 4- 6pm). Helping kids with reading, activities and special events. We have tutoring available for two groups-LEAP (6th-12th) LEAP Jr. (K-6). LEAP is open M-W 3:30-5:30 p.m. LEAP Jr. is open M-W 3:30-5:00 p.m.

**Min Age:** 14

**Contact:** Chantelle Comeau

**Email:** [ccomeau@kidsfirstnow.org](mailto:ccomeau@kidsfirstnow.org)

**Phone:** (916) 774-6802

**Address:** 124 Main Street,  
Roseville, CA 95678

**Website:** [kidsfirstnow.org](http://kidsfirstnow.org)

**Social Media:** (Facebook)  
[facebook.com/KidsFirst](https://facebook.com/KidsFirst),  
(Twitter) @Kidsfirst1234

**Prerequisites:** Application and orientation.

## Reading Partners Sacramento

**Description:** In Sacramento, 71% of low-income students, and 59% of students overall, are unable to read proficiently by fourth grade. This staggering number is significant because literacy is the foundation of all successful

learning. Without reading, students do not have the skills they need to be successful in their academic careers, and their life options are limited. Students who haven't reached reading proficiency by fourth grade are 4-6 times more likely to drop out of high school, making finding work that pays a living wage very difficult. Reading Partners works with schools and communities to unlock the skills of students who struggle with reading. Our evidence-based curriculum, delivered by volunteers from the community in one-on-one tutoring sessions, has been proven to have a positive and proven impact on reading proficiency for students in kindergarten through fourth grade. Last year, Reading Partners Sacramento mobilized over 500 volunteers to conduct over 15,000 one-on-one tutoring sessions addressing the literacy crisis head on. We need your help to continue to gain momentum in our efforts because at Reading Partners we want every child to experience the joy and power of becoming a lifelong reader.

**Volunteer Opportunities:** Using our effective, easy to follow, structured curriculum, work one-on-one with a student to help them unlock the skills necessary to read so that each student will have the opportunity to live up to their full potential.

**Min Age:** 14

**Contact:** Volunteer Coordinator

**Email:** [volunteersac@readingpartners.org](mailto:volunteersac@readingpartners.org)

**Phone:** (916) 996-0830

**Address:** 5299 Auburn Boulevard,  
Sacramento, CA 95841

**Website:** [readingpartners.org/sacramento](http://readingpartners.org/sacramento)

**Social Media:** (Facebook)  
[facebook.com/ReadingPartnersSacramento](https://facebook.com/ReadingPartnersSacramento)  
(Twitter) @RPnocal, (Instagram) @rp\_nocal



**Prerequisites:** Tutors under the age of 18 must provide parent permission, attend a one hour, in person orientation, and provide TB clearance documentation.

## Sacramento S.T.A.R.T.

**Description:** After school program for grades K-6.

**Volunteer Opportunities:** Homework assistance, enrichment, ex: (arts and crafts, singing, music, dancing), and recreation.

**Min Age:** 12

**Website:** sacstart.org or bttr.im/bbxu6

**Prerequisites:** Volunteers need to be at least 12 years old and in middle school.

## Sierra Nevada Journeys

**Description:** Sierra Nevada Journeys delivers innovative outdoor, science-based education programs for youth.

**Volunteer Opportunities:**

Family Science Night Facilitator and Field Educator Volunteer

**Min Age:** 18 and older for Field Educator Volunteer, 7th Grade for Family Science Night Facilitator

**Contact Person:** Natalie Pritchard, Core Educator and Volunteer Coordinator

**Email:** natalie@sierranevadajourneys.org

**Phone:** (916) 220-2373

**Address:** 1331 Garden Highway, Suite 100, Sacramento, CA 95833

**Website:** sierranevadajourneys.org

**Social Media:** (Facebook) facebook.com/sierranvjournneys, (Twitter) @sierranvjourney, (Instagram) @sierranevadajourneys

**Prerequisite:** None.

## The GreenHouse

**Description:** The GreenHouse is a nonprofit organization offering after-school tutoring, mentoring, spiritual development, and leadership development for under-resourced youth.

**Volunteer Opportunities:** Help at-risk youth reach proficiency in school through tutoring, enrichment workshops, and building relationships in our afterschool programming for 1st-6th grade (M,W,F 3:00 - 5:30) or 7th-12th grade (T, Th 3:30 - 5:30). Minimum commitment is once a week for 2 to 2.5 hours.

**Min Age:** 16

**Contact:** Brenda Martinez, Volunteer Coordinator

**Email:**

brenda.greenhouse@gmail.com

**Phone:** (916) 621-0627

**Address:** 2201 Northview Drive, Sacramento, CA 95833

**Website:** thegreenhousecenter.org

**Social Media:** (Facebook) facebook.com/pages/The-GreenHouse

**Prerequisites:** Call the contact person and complete a volunteer application.



