

Dance Class in this virtual learning world!

My students have been absolutely amazing and for that I am extremely grateful. I had several Alumni and current students make tutorials for the students to learn a variety of dances. I have also had several Alumni and current students volunteer their time to teach the classes live. Each week the schedule is consistent for the students with written work, learning dances both live and pre-recorded, and meditation Fridays. The students have loved having the time on Friday's to focus on them and be given the time to relax. The classes are learning a variety of styles of dance such as Hip-Hop, Jazz, Contemporary, Cultural and choreographing their own dances. I have loved working with these students and look forward to being with them in person someday. Thank you for taking the time to read the slides. I asked the students to give me a quote on how dance class has been going for them and this is what some of them said:

Student Quotes from 9th -12th graders

“Even though we aren’t physically in class to dance, the love and passion Mrs. Adams shows is still there. You can tell she really cares about us and the dance program, even if it is virtual. And dance has helped me so much as a person, I’m so grateful to have it still even if it’s online.” -Sara Vang

“My favorite thing about dance class so far is how everyone is so welcoming and kind over virtual learning. Mrs. Adams makes sure everyone is comfortable and having fun during dance class. I love how there are many styles of dance and how you can express yourself through it.” -Alysonn Brenenstall

“Dance has been very relaxing for me.”-Hillary Chen

“Dance is one of my favorite classes. It’s an amazing way to start your day because you feel so energized after it and Mrs. Adams has the best energy despite having to teach to a screen.”- Andrew Cortez

“My favorite memory from dance class was the breakout rooms because it’s nice to know that there is actually people on the screen beside their names. I made some new friends and actually talked to people.” - Olivia Del Nero

“The River City Dance class is a great outlet for me to get physical activity while being at home all the time.”-Morgan Ekasala

“Overall, I’m pretty happy with this style of dance class because it allows me to work at a pace and setting I am comfortable with!”-Elsa Galvan

Student Quotes from 9th -12th graders

“I love how we are so positive and cheer for anyone around the room.”- Selena Martin

“What I like about dance class so far, is that I am able to choose from a variety of dances put together by former students. Not only that, but I am able to learn about the dances history and other culture dances.”- Alaina Masongsong

“So far I’ve learned a couple things in dance. New dances, new moves and especially cultural dances (my favorite). When I first saw that I had dance, I thought it would be like any other class, but it’s actually really fun even though it’s virtual I still really enjoy it. Everyone is so nice, supportive and positive ! I totally recommend having dance :)”-Bibianna Rodriguez

“Dance is going good. I like that you post the videos of the dances on classroom so we can rewind and watch as many times as we need.”-Maribel Soliz

“I love how nice and supportive everyone is in this class! :)”- Alina Uzdenova

“One thing I like about being in dance class is how it’s a judgment-free zone!”- Rayn Casassa

“I love dance class so far, it’s great. I love dance, it puts me in a good mood.”- Brillite Castro

Student Quotes from 9th -12th graders

“I love how even though we are all working through screens, I still feel supported and comfortable with all my classmates.”-Julia DeStantiago

“Dance is like serotonin for me, it clears my mind when I am stressed or when I am not in a good mood.”- Alleya Humackich

“Dance will be an escape from the world, even from a pandemic.” -Yana Kutsyn

“I like Dance so far, since virtual learning it has been an interesting experience. It is still very fun because I still get to learn new dances and meet new people :)”-Ava Medina

“ I love how the dance class community is so nice and positive and encouraging. ``Dance class makes me shout yay``.”-Kirissa Moorer

“Dance has given me a much-needed break from all the stress online learning during a pandemic has brought. It is one of the classes I look forward to the most, as there is little pressure and a flexible curriculum that can fit even the most packed of schedules, and dancing itself has been a great form of exercise in the cramped environment of my home.”-Athena Rowe

“The thing I have loved about dance class is learning the dances. Even though we aren't in the dance room, which I miss so much, at least I am still able to learn new dances.”-Ashley Schwartz

Student Quotes from 9th -12th graders

“I love dance just as much as I love my food.”-Princess Servin

“ A day without dancing is like... Just kidding I have no idea” This class has made me feel safe and loved, it's fun and comforting.”-Madisyn Smith

“What I loved/ like about dance class so far is that we get to learn a new dance every week, well depending on what we do in class.”-Ezaynia Malone

“The thing that I have loved most about dance so far is how nice and supportive everyone is. When someone performs a dance, for example, everyone is very nice and cheers him/her on after they're done performing or while they are performing. It's always nice to be surrounded by nice and supportive people and I love to see it. Which, however, is one of the many reasons why I love Mrs. Adams. She's a really cool and nice teacher and super understanding towards her students and I have always learned much better when the teachers have been nicer and more understanding so I really like Mrs. Adams as well. Her class is really fun and a perfect place to meet new people and make new friends which I have recently. During breakout rooms, I met a few cool people which was pretty nice and everyone in that class seems super friendly and it's really a nice positive way to start my morning. :)”-Ella Thompson

“Dance will always be something I enjoy, whether it's virtual or in the studio.”-Simone Coley

Student Quotes from 9th -12th graders

“Dance is a place where you be free without being judged, and that’s what I love about it.”-Naima Foster

“Smile!” - Mrs. Adams. It’s not technically a quote, but it’s something that makes me feel happy and safe when I hear it in dance!”-Nevaeh Hall

“Dance is going great for me so far even though it is not ideal to be doing it online. I have enjoyed learning different dances, and it has been fun.”-Mia Jensen

“I love seeing all the hard work everyone is putting into all the dances even though we aren’t together.”-Alexia Lara

“What I have loved most about dance so far is still being able to do it even during quarantine. Mrs. Adams always somehow turns every one of her classes into little families. That turns into one big dance family. It’s a safe place and a way to express yourself.”-Alexia Long

“I’ve loved that even through these tough times I always have dance to look forward to and to talk to all the positive girls in our class.”-Perla Lopez

Student Quotes from 9th -12th graders

“I love how creative and fun dance class is! We create a new family here. These are precious memories.”-Noemy Mendez Leon

“One of my favorite things that I have liked about dance class so far is learning new steps or different kinds of dances. I also liked it because it was a new experience for me to see different kinds of students and get to meet new people during this virtual learning experience. I miss everyone especially Mrs.Adams! She’s the best dance teacher I could ever ask for:)”-Azucena Mendoza

“In the class, I feel so much love from my classmates. They are the most supportive people.”-Marina Nunez

“I love how positive the class is, even though we are dancing through distance learning it almost feels just like the dance room with how good it makes me feel.”-Jayda Reichling

“I have liked how we do meditation some days so we can really relax and not think about school work stress.”-Karissa Singh

“Participating in dance class at home made it feel more like the studio and less like I was all alone.”- Anonymous