Name: Teacher: Period:

**Individual Strength & Weaknesses**

***\*\*Instructions:******List at least 3 of your STRENGTHS in basketball with an explanation for each.***

*Strengths:*

***1.***

***2.***

***3.***

***List at least 3 of your WEAKNESSES in basketball with an explanation for each. Please include an idea for how to improve each weakness.***

*Weaknesses:*

***1.***

***2.***

***3.***